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MARINE CORPS ORDER 1500.54A

From: Commandant of the Marine Corps  
To: Distribution List

Subj: MARINE CORPS MARTIAL ARTS PROGRAM (Short Title: MCMAP)

Ref: (a) MCO 3500.27, Operational Risk Management  
(b) Martial Arts Center of Excellence (MACE) website,  
[https://WWW.TBS.USMC.MIL/PAGES/MARTIAL\\_ARTS](https://WWW.TBS.USMC.MIL/PAGES/MARTIAL_ARTS)  
(c) MCO P1020.34F, Marine Corps Uniform Regulations  
(d) MCO 1510.122A, Individual Training Standards for  
the Marine Corps Martial Arts Program (MCMAP)  
(e) MCO P1080.40A, Marine Corps Total Force System  
Personnel Reporting Instructions Manual (MCTFSPRIM)  
(f) MCO P1700.29, Marine Corps Semper Fit Program  
Manual  
(g) MCO P1070.12, Marine Corps Individual Records  
Administration Manual (IRAM)

Encl: (1) Performance Evaluations and Promotions in the Belt  
Ranking Achievement System  
(2) Guidelines for the completion of an Elements of  
Martial Culture Analysis  
(3) Guidelines for the completion of a Unit Training  
Integration Plan  
(4) Example Request for Promotion to Black Belt Fourth  
Degree  
(5) Example Request for Promotion to Black Belt Fifth  
and Sixth Degree  
(6) [NAVMC 11432](#) Instructors Course Record

1. Purpose. This order establishes policies, procedures, and standards for effective management, operation, and maintenance of the Marine Corps Martial Arts Program (MCMAP).

2. Cancellation. MCO 1500.54.

3. Background. MCMAP is an integrated martial art designed for and executed by all Marines throughout their careers. MCMAP is a revolutionary step in the development of martial skills for Marines and replaces all other close combat-related systems preceding its introduction. Previously, close combat programs

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emphasized physical skills and empty-handed fighting. As a Commandant of the Marine Corps (CMC) initiative in the summer of 2000, MCMAP addresses the full spectrum of the force continuum of the battlefield and fulfills the need to build Marines with the mental and character traits required to succeed in the future. MCMAP will continue to sustain the transformation from civilian to Marine by capitalizing on the zeal of recruit training and developing the Marine ethos in a progressive manner throughout a Marine's career.

4. Summary of Revision. This Order supersedes MCO 1500.54 and should be reviewed in its entirety.

5. MCMAP Philosophy. Making America's Marines, winning our nation's battles, and creating quality citizens are the three major goals identified in the Marine Corps Strategy 21's Vision. The MCMAP directly contributes to accomplishing all three of these goals by providing a systematic training regimen for the mental, character, and physical development of Marines.

a. MCMAP is a synergy of mental, character, and physical disciplines with application across the full spectrum of violence. In concert with proven Marine Corps leadership, rigorous training in these three disciplines enhances the Marine both on and off the battlefield. The mental and character disciplines - the bedrock of the program - assist greatly in making leaders and citizens imbued with our core values of honor, courage, and commitment, and schooled in the warrior tradition. The physical discipline promotes confidence, competence, and fitness in the individual Marine and cohesion in the unit.

b. Through the fusion of mental and character disciplines within intensely physical application, a permanent change occurs in a Marine regardless of rank, billet, or time served. MCMAP provides Marines with a motivation and framework starting at entry-level and sustained throughout their careers. The following is a list of components taught at each belt level in MCMAP:

(1) Mental Discipline - Development of the combat mindset and the study of the art of war. Areas include:

(a) Warrior Studies - Guided discussions using individual combat citations with a battlefield close-in fighting perspective. They are designed to give the Marine the ability to compare and contrast aspects of warriors' individual actions with their own experience in the Corps.

(b) Martial Culture Studies - Guided discussions

highlighting societies and organizations whose primary intent is/was the creation, development, training, and sustainment of warriors. Martial Culture Studies apply to Gray through Black Belt 1st Degree; participation in discussions on martial cultures is mandatory for belt rank advancement. The Martial Culture Study on the Marine Raiders is mandatory for advancement to the Gray Belt rank.

(c) Combative Behavior - Study of the culture of interpersonal violence.

(d) Professional Military Education (PME) - Completing rank appropriate PME.

(2) Character Discipline - The Marine Corps Core Values, honor, courage, and commitment, are the cornerstones of character discipline. MCMAP employs discussions integrating the principles of values, ethics, integrity, and leadership. Character discipline stresses the importance of the Marine's place as a warrior on the battlefield as well as a functional member in society.

(3) Physical Discipline - Development of fighting techniques and battlefield fitness.

(a) Physical skills - Fighting techniques including: battle skill orientation; stance; posture; movement; weapons handling and function; striking; cutting; grappling; restraints and manipulations; and integration of weapons. The training principles of Sustainment and Integration are employed in the application of the physical skills. Accordingly, they pertain to all belt ranks and are a valuable tool for instruction in the physical discipline. Sustainment refers to the repetition of physical techniques from previously held belt levels, to include executing from both the dominant and the weak-side of the body. Sustainment increases proficiency. Each belt rank has mandatory sustainment training that must be accomplished before the Marine can begin training at the next higher belt rank; sustainment hours begin to accrue after the Marine has attained a belt level. Integration refers to the combining of techniques from the current and previous belt levels or the combination of martial arts techniques with Military Occupational Specialty (MOS) skills.

(b) Combative Fitness - Battlefield-oriented conditioning in a simulated combat environment; techniques include: movement on rough ground; approach, close, and engagement of an opponent; and fighting while fatigued.

6. Safety Education. MCMAP techniques and the associated combative conditioning that accompanies their application are rigorous and conducted in simulated battlefield conditions. Additionally, many MCMAP drills require Marines to execute techniques while fatigued, further increasing the potential for injury. The ability to safely and professionally conduct lethal techniques in a highly dynamic environment is of the utmost importance.

a. Accordingly, the tenants of Operational Risk Management (ORM) are employed in all phases to minimize training related injuries per reference (a). Safety parameters are established for all individual and group fighting techniques and are practiced and reinforced by each Martial Arts Instructor (MAI) or Martial Arts Instructor Trainer (MAIT). ORM assessments are continuous and are the responsibility of each instructor providing training. Baseline ORM assessments for all techniques and drills are available at reference (b) and serve as the basis for individual instructor ORM assessments.

b. All techniques are fault-checked for safety by the Office of the Armed Forces Medical Examiner. At all levels of training, instructors and students must strictly adhere to the use of proper safety equipment and procedures.

c. MCMAP Safety Terms and Definitions. The following terms and definitions are MCMAP specific:

(1) "Hands Out" applies during all training. "Hands Out" is a position taken by a contestant who has received a blow that causes him to be/feel incapable of continuing the training/contest. The Marine will hold both hands out horizontally towards his opponent. He will attempt to move away from his opponent. He may announce "stop" at this time.

(2) "Tap Out" applies during all training. "Tap Out" is an action taken by a Marine who is conceding or has reached the limit of his/her tolerance. The Marine "Tapping Out" will either tap on his opponent, on the mat/ground, and/or announce "stop."

d. MAIs and MAITs will be trained in safety procedures to include: individual safety; proper use of martial arts training equipment; exercise and drill set-up and execution; and proper medical responses to training mishaps.

7. Belt Ranking Achievement System. Each belt grade earned by the individual Marine encompasses aspects of the three disciplines (mental/character/physical), as well as elements of PME. Testing for belt advancement consists of a combined

proficiency and performance test. The proficiency test measures fighting techniques honed in the individual's previously held belt rank(s). The performance test measures skills and knowledge attained in training for the new belt rank. The individual is evaluated in the Physical Discipline of the new belt. The proficiency and performance tests have a minimum passing grade of 90% and 70% respectively. Enclosure (1) details the proficiency and performance tests for each belt level.

a. Foremost in the grading is the recommendation of the Reporting Senior, the overall performance of the Marine, and the concurrence of the Marines' Commanding Officer. Belt advancement is indicative of increased responsibility. The MCMAP belt system incorporates a building block approach, progressively increasing the difficulty of the techniques while advancing the skill proficiency and leadership abilities of the individual Marine. It is incumbent on both the individual Marine and the chain of command to adhere to the standards detailed in this order.

b. Tan Belt through Green Belt emphasizes individual combat techniques, both armed and unarmed, and concentrates on building character and developing leadership skills. Brown Belt and Black Belt emphasizes combat techniques against multiple opponents, both unarmed and armed, strengthening character, and expanding and reinforcing leadership skills.

c. Wear of the Martial Arts belts is governed by reference (c). Reference (d) details the specific training standards for each belt level. The following comprise the MCMAP belt ranking achievement system:

(1) Tan Belt - Basic fundamentals of the mental, character, and physical disciplines; conducted during entry-level training. Character and knowledge required of a basically trained Marine.

(a) Prerequisites - None.

(b) Training hours - 27.5.

(c) Sustainment hours - 7.

(2) Gray Belt - Introduction to intermediate fundamentals of each discipline. Gray Belt is the minimum training goal for all Aviation Combat and Combat Service Support Marines.

(a) Prerequisites - Recommendation of Reporting Senior; complete Tan Belt Sustainment and Integration Training; complete MCI 03.3 Fundamentals of Marine Corps Leadership.

(b) Training hours - 29.0.

(c) Sustainment hours - 14.

(3) Green Belt - Intermediate fundamentals of each discipline. Green Belt is the minimum training goal of all non-infantry ground combat arms Marines.

(a) Prerequisites - Recommendation of Reporting Senior; complete Gray Belt Sustainment and Integration Training; Lance Corporal or above; appropriate level PME complete.

(b) Training hours - 30.0.

(c) Sustainment hours - 21.

(4) Brown Belt - Introduction to advanced fundamentals of each discipline. Brown Belt is the minimum training goal (rank appropriate) of all infantrymen.

(a) Prerequisites - Recommendation of Reporting Senior; complete Green Belt Sustainment and Integration Training; Corporal or above; appropriate level PME complete. Commanding General, Training and Education Command (CG, TECOM (C 46)) may waive the grade requirement for exceptionally qualified LCpls who possess superior leadership skills and maturity, and hold a Black Belt in a MCMAP approved civilian martial art. A listing of MCMAP approved martial arts is available at reference (b).

(b) Training hours - 35.0.

(c) Sustainment hours - 28.

(5) Black Belt 1st Degree - Advanced fundamentals.

(a) Prerequisites - Recommendation of Reporting Senior; complete Brown Belt Sustainment and Integration Training; Sergeant or above; appropriate level PME complete.

(b) Training hours - 34.5.

(c) Sustainment hours - 35.

(6) Black Belt Second 2nd through 6th Degree. Promotion to the grades of Black Belt 2nd through 6th Degree is conducted

using a different methodology than that applied to Tan through Black Belt 1st Degree. Promotion past Black Belt 1st Degree emphasizes maturity, involvement in unit training, advanced skills, Martial Arts studies, and participation in civilian martial arts.

(a) Black Belt 2nd Degree. Must complete all requirements in accordance with reference (d). Complete Black Belt 1st Degree Sustainment Training. Additionally, the candidate for Black Belt 2nd Second Degree must submit to the Director, MCMAP an "Elements of Martial Culture Analysis" (EMCA) for review and approval. Guidelines for the completion of an EMCA are contained in enclosure (2). Candidates must have: recommendation of Reporting Senior; attained the rank of Staff Sergeant or above (waiverable one grade by CG, TECOM); appropriate level PME complete; one year experience at Black Belt 1st Degree.

(b) Black Belt 3rd Degree. Must complete all requirements in accordance with reference (d). Additionally, the candidate must submit to the Director, MCMAP a "Unit Training Integration Plan" (UTIP) for review and approval. Guidelines for the completion of a UTIP are contained in enclosure (3). Candidates must have: recommendation of Reporting Senior; attained the rank of Staff Sergeant, Chief Warrant Officer-2 (CWO-2), Captain or above; appropriate level PME complete; three years experience at Black Belt 2nd Degree.

(c) Black Belt 4th Degree. Promotion requires the Marine to obtain a Black Belt 1st Degree in a MCMAP approved civilian martial art. Candidates must have: recommendation of Reporting Senior; attained the rank of Gunnery Sergeant, CWO-3 to CWO-5, Major or above; appropriate level PME complete; three years experience at Black Belt 3rd Degree.

1 Submit requests for consideration for promotion to a board convened annually by the Director, MCMAP. Requests for promotion will be made via standard naval letter with enclosures (including certificate/credential of Black Belt 1st Degree Rank) to the Director, MCMAP. The Director, MCMAP will publish guidance concerning the convening of the board and the board's results. An example of a Request for Promotion to Black Belt 4th Degree is contained as enclosure (4) to this order.

2 Categories for civilian (MCMAP approved) martial arts are: grappling or throwing arts; striking arts; and weapons arts. The grappling or throwing arts are, but not limited to: Judo, Jujitsu, Sambo, Hap Ki Do, and Ai Ki Do. Striking arts are, but not limited to: Karate, Tae Kwon Do,

Kickboxing, Muay Thai, Kung Fu, and Capoeira. Weapons arts are, but not limited to: Kabudo, Ascrema, Cali, Kendo, and Aiedo.

(d) Black Belt 5th and 6th Degrees. The Director, MCMAP will convene a board annually to consider Marines for promotion to 5th and 6th Degree. Requests for promotion are made via standard naval letter with enclosures to the Director, MCMAP. The Director, MCMAP will publish guidance announcing the convening of the board and the board's results. An example of a Request for Promotion to 5th/6th Degree Black Belt is contained as enclosure (5) to this order.

1 Candidates for Black Belt 5th Degree must have: recommendation of Reporting Senior; attained the rank of Master Sergeant, First Sergeant, CWO-3 to CWO-5, Major or above; a teaching certificate in a MCMAP approved civilian martial art; appropriate level PME complete; and five years experience at Black Belt 4th Degree.

2 Candidates for Black Belt 6th Degree must have: recommendation of Reporting Senior; attained the rank of Master Gunnery Sergeant, Sergeant Major, CWO-4 to CWO-5, Lieutenant Colonel or above; appropriate level PME complete; and five years experience at Black Belt 5th Degree.

## 8. Responsibilities

### a. Commanding General, Training and Education Command

(1) Ensure the Training Input Plan includes Martial Arts Instructor Trainer Courses.

(2) Provide financial management support for MCMAP budget development and execution.

(3) Act as MCMAP program sponsor.

(4) Sole authority for training and certification/re-certification of MAITs.

(5) Develop MCMAP equipment requirements.

(6) Occupational Field Sponsor for the 8551 and 8552 Military Occupational Field specialties.

b. Commanding Generals, Marine Corps Recruit Depots. Conduct Tan Belt Martial Arts training and qualification for all recruits, and make appropriate entries to the Marine Corps Total

Force System (MCTFS) per reference (e). Include attainment of the Tan Belt as a graduation requirement.

c. Commanding Officers, Schools of Infantry, Training Command

(1) Conduct martial arts sustainment training for entry-level Marines.

(2) Conduct scheduled MAI courses to assist local units that do not have the resources or facilities to hold their own MAI courses.

d. Commanding Officer, The Basic School (CO, TBS), Training Command

(1) Provide administrative and logistical support to the Director, MCMAP, as required.

(2) Conduct Tan Belt Martial Arts training and testing for all entry-level officers and make appropriate qualification entries to the MCTFS per reference (d).

e. Director, Marine Corps Martial Arts Program, Martial Arts Center of Excellence (MACE)

(1) Responsible for overall development of MCMAP.

(2) Serve as Officer in Charge of the MACE; lead school for MCMAP.

(3) Maintain close liaison with operating force unit commanders to ensure training is conducted professionally and in an operationally risk assessed environment.

(4) Conduct MAIT certification courses at the MACE, Marine Corps Combat Development Command (MCCDC), Quantico, VA.

(5) Conduct MAIT Mobile Training Teams (MTTs).

(6) Ensure proper annotation is made in MCTFS for graduates of MAIT/MAI courses held at the MACE.

(7) Develop course materials, advanced skills training packages, and special skill training packages to enhance MCMAP, and/or assist the operational forces.

(8) Advise CG, TECOM on program waiver requests.

(9) Conduct local MAIT re-certification courses, advanced skills training courses, periodic oversight training visits, or other training, as required.

(10) Ensure MAI certification/re-certification course curriculum is maintained, revised, and distributed to current MAITs.

(11) Maintain a record of certified MAITs.

(12) Ensure quality assurance of MCMAP by:

(a) Approving all course materials developed by MAITs.

(b) Maintain a current library for all approved course material for access/distribution.

(c) Plan for and conduct periodic visits to the Schools of Infantry, MCRDs, Martial Arts Program Far East, and/or other sites.

(13) Approve, in writing, all MAI courses conducted by MAITs not associated with School of Infantry East, School of Infantry West, MCRD Parris Island, MCRD San Diego, or Martial Arts Program Far East.

(14) At least bi-annually, conduct 2nd through 6th Degree Black Belt boards to screen and select Marines for promotion to appropriate belt ranks.

(15) Plan for and conduct Course Content Review Boards (CCRBs) to evaluate the MAIT and MAI Courses.

f. Commanders, Marine Forces (COMMARFORs)

(1) Ensure all martial arts belt certifications/re-certifications are in strict compliance with reference (d) and this order.

(2) Ensure all martial arts instructor certifications are in strict accordance with the CG, TECOM approved Martial Arts Instructor Course Program of Instruction (POI). Units conducting the training courses will report such actions into the MCTFS by unit diary entry per reference (e). Within 10 days of completion of a course, complete and submit enclosure (6) to the Director, MCMAP, Marine Corps Combat Development Command, 24164 Belleau Avenue, Quantico, VA 22134-5019. Enclosure (6) will be available with the next release of Form Flow.

(3) All units conducting MCMAP training will enter the appropriate code for the belt being promoted to with the date achieved into the MCTFS by unit diary entry per reference (e). A record of all promotions will be maintained locally for evaluation under the Inspector General's (IG) Checklist for a period of two years. The following is a list of codes:

- (a) MMA - UNQUALIFIED
- (b) MMB - TAN BELT
- (c) MMC - GRAY BELT
- (d) MMD - GREEN BELT
- (e) MME - GREEN BELT MARTIAL ARTS INSTRUCTOR
- (f) MMF - BROWN BELT
- (g) MMG - BROWN BELT MARTIAL ARTS INSTRUCTOR
- (h) MMH - BLACK BELT, FIRST DEGREE
- (i) MMJ - BLACK BELT, FIRST DEGREE, MARTIAL ARTS INSTRUCTOR
- (j) MMK - BLACK BELT, FIRST DEGREE, MARTIAL ARTS INSTRUCTOR TRAINER
- (k) MMM - BLACK BELT, SECOND DEGREE
- (l) MMN - BLACK BELT, THIRD DEGREE
- (m) MMP - BLACK BELT, FOURTH DEGREE
- (n) MMQ - BLACK BELT, FIFTH DEGREE
- (o) MMR - BLACK BELT, SIXTH DEGREE
- (p) MMS - CHIEF TRAINER OF MARTIAL ARTS INSTRUCTOR TRAINERS

(4) All unit commanders are encouraged to maintain liaison with the Director, MCMAP with regard to MCMAP training, course feedback, and abuses or infractions of MCMAP training.

(5) Abuse of techniques, procedures, or associated drills will be reported to the appropriate unit commander and the Director, MCMAP. Any incident of abuse using the physical

techniques or combative conditioning drills, or abuse/neglect on the part of the instructor or trainee during training may result in judicial and/or administrative action taken by the Marine's Commanding Officer.

(a) The Commanding Officer has the authority to revoke a Martial Arts Belt Rank or instructor credentials for conduct infractions or unacceptable behavior. Conduct that results in a grade reduction will trigger a review of the Marine's belt level and reversion to the belt level commensurate with the reduced grade and commander's assessment of the Marine's ability to meet the belt standards.

(b) At a time determined by the Commanding Officer, the Marine involved in any of the above circumstances may retest at the previously held belt level (without requirement to complete the entire belt syllabus).

(6) Commands are encouraged to incorporate MCMAP training into their regular unit physical fitness programs. Recommend a minimum of one hour per week. MCMAP training is not especially suited to a "block" training" format (compressed time frame); it is designed to be taught over an extended period of which a weekly physical fitness program is ideal.

(7) Commands without qualified or sufficient numbers of MAIs to conduct training may request, at the unit's expense, quotas to the MAI course, or an MTT from the MACE or one of the Schools of Infantry. It is strongly recommended that every company size unit maintain at least one MAI and that each battalion/squadron level command maintain at least one MAIT, with infantry battalions maintaining at least three MAITs, in order to properly conduct and sustain training and advancement.

(8) Commands with qualified MAIs or MAITs will ensure that their three-year certification is current or revalidated per this Order.

(9) Commands should consider remedial programs for Marines who fail to meet minimum training levels. Any such programs will be under the direction of a certified MAI/MAIT.

(10) MCMAP certification is designed for Marines. Other United States and allied military personnel serving with Marines, however are authorized and strongly encouraged to participate in MCMAP. They may not be certified as MAITs.

9. MCMAP Billet Descriptions. MCMAP is based on the "train the trainer" concept, implemented through the Systems Approach to

Training, with common skills that are required by all Marines.  
The hierarchy of MCMAP:

a. Chief Trainer, MCMAP. Advises the Director, MCMAP on overall development of MCMAP. Resident at the MACE and a MCMAP Subject Matter Expert (SME), the Chief Trainer is responsible for the research, development, and performance of the techniques and procedures taught in MCMAP. Trains and certifies MAITs.

b. Martial Arts Instructor Trainer (MAIT)- MOS 8552. Trains and certifies MAITs and conducts martial arts training. There is no limit to the number of MAITs each MAIT can certify; however, the MAIT to student ratio in a specific course must not exceed twelve to one. To be designated a MAIT, a Marine must meet the prerequisites for Black Belt 1st Degree and successfully complete the MAIT Course. MAIT certification is valid for three years.

(1) To maintain currency, a MAIT must conduct a minimum of one (1) MAI certification course per calendar year (CY) or the command will void his/her MAIT qualification and void the Additional Military Occupational Specialty (AMOS) of 8552 until re-certification. However, the individual may conduct MCMAP training as a Martial Arts Instructor (MAI) up to the belt level he/she currently holds and certification to one belt level below. A current MAIT (Black Belt 1st Degree) is authorized to teach and award belts from Tan Belt through Black Belt 1st Degree. MAITs holding belts above 1st Degree may promote to one belt level below that currently held.

(2) Re-certification includes practical examination by a current MAIT using the current re-certification standards. The re-certifying MAIT must be at least one belt rank higher than the MAIT being re-certified.

(3) During the MAIT's third year of certification, and to ensure re-certification is documented in MCTFS, commands will enter into MCTFS the appropriate code for the MAIT (belt level dependent) upon receipt of proof that the MAIT has been re-certified by a qualified MAIT and has completed all required instructor courses. This "action date" of the martial arts code will set the Marine's new three year suspense date.

c. Martial Arts Instructor (MAI)- MOS 8551. Conducts martial arts training and is authorized to promote to one belt level below the level individually held. MAI certification or re-certification is valid for three years.

(1) To maintain currency, a MAI must provide a minimum of 40 hours of instruction annually, or the command will void

his/her MAI qualification and void the Additional Military Occupational Specialty (AMOS) of 8551 until re-certification. A MAI whose certification has lapsed reverts to his/her current belt level without the MAI credential, loses the additional MOS, and is not authorized to award belts until re-certification. He/she may, however, assist a certified instructor in conducting martial arts training at or below the belt level held.

(2) Re-certification includes practical examination by a current MAIT using the current re-certification standards. Additionally, the MAIT must verify that the MAI has completed the 120 aggregate hours of instruction during the three-year period.

(3) During the MAI's third year of certification, and to ensure re-certification is documented in MCTFS, commands will enter into MCTFS the appropriate code for the MAI (belt level dependent) upon receipt of proof that the MAI has been re-certified by a qualified MAIT and has completed the qualification requirements above. This "action date" of the martial arts code will set the Marine's new three year suspense date.

d. MCMAP Student (without instructor credentials).  
Executes MCMAP training per unit goals and training plans. Attains and maintains possession of individual Martial Arts Training Log. Ensures currency of the logbook. Any certified Green Belt or higher may assist a MAI or MAIT, must be in the presence of a certified MAI/MAIT, and may assist in supervision and fault-checking for physical techniques.

(1) MCMAP recognizes that several of the fighting techniques included in MCMAP are common and may be taught in other martial arts disciplines. Marines who possess a Black Belt in a MACE-approved civilian martial art are encouraged to apply their skills in MCMAP progression. Credit for previous civilian experience is applicable through the Black Belt 1st Degree level; the same credential may be applied to Black Belt 4th Degree when the Marine becomes otherwise eligible. A black belt in a civilian martial art does not indicate/confer instructional credentials.

(2) The process for evaluating and acknowledging a Marine's civilian-held martial arts credentials is detailed below:

(a) The Marine will submit a waiver request in standard naval letter format (fully justified, with copy of the certificate/credential) for permission to evaluate previously earned credentials to CG, TECOM.

(b) CG, TECOM will validate the Marine's civilian martial arts credentials and authorize, in writing, the local MAI/MAIT to evaluate the Marine.

(c) The Marine is evaluated by MAI/MAIT using the appropriate performance checklist. The MAI/MAIT will query the Marine on each technique contained in the belt level. If the Marine acknowledges his capability to perform the technique, the MAI will then indicate this on the performance checklist. The Marine is allowed to forego the specific lesson, having his/her logbook signed off as if he/she attended the lesson. If the Marine indicates no knowledge or capability to perform a specific technique, the Marine must attend the appropriate lesson. Upon completion of the requirements for the belt level, the Marine will be offered the opportunity to test. The Marine will be tested on all techniques for the belt level per the performance checklist.

(d) Marines in the grade of Sergeant and below are required to attend the Mental and Character Discipline Tie-ins for the belt rank before being afforded the opportunity to test for the belt rank.

(e) If the Marine acknowledges his capability to perform every technique on the performance checklist, is a SSgt or above, and is passed with a 100% on the performance test, the Marine is authorized to forego sustainment training for that belt level.

e. Subject Matter Experts (SMEs). SMEs are advisors to MCMAP due to their unique knowledge in the field of martial arts. SMEs are designated by the CG, TECOM and are authorized to assist in course development, course revision, supplementary training materials, or other aspects of MCMAP, as required. SMEs may be paid or volunteers. SMEs work directly with the Director, MCMAP on a case-by-case, program specific basis.

10. Martial Arts Courses Available. All certification/re-certification of MAIs by MAITs, regardless of location, will be in strict compliance with the CG, TECOM approved Martial Arts Instructor Course POI.

a. Martial Arts Instructor Course

(1) Instructor certification course conducted by any command with a certified MAIT, utilizing approved course material.

(2) Nominees must be: recommended by their reporting senior; Cpl or above; 1st class Physical Fitness Test (PFT); full duty status; shoulder injury-free in the previous two years; concussion-free within the previous six months (waiverable by a medical authority); current swim qualification; appropriate level PME complete; minimum gray belt (sustainment completed); current T/O weapon qualification; and have one year obligated service upon completion of the course. The CG, TECOM (C 46) may waive the grade requirement for exceptionally qualified Lance Corporals who possess superior leadership skill and maturity and have a black belt in an approved civilian martial art. Requests for grade waivers must be fully justified and received by the CG, TECOM (C 469 - Training Programs Section), 3300 Russell Road, Quantico, VA 22134, at least 30 days before the course convening date.

(3) All course graduates will be certified as MAIs and promoted to Green Belt. Additionally, Enlisted Marines will receive the AMOS of 8551.

b. Martial Arts Instructor Trainer Course

(1) Thirty-five training day course of instruction offered at the MACE or by a MACE Mobile Training Team (MTT).

(2) Nominees must be: recommended by their reporting senior; Sgt or above; 1st class PFT; full duty status; shoulder injury-free in the previous two years; concussion-free within the previous six months (waiverable by a medical authority); current swim qualification; appropriate level PME complete; minimum Green Belt MAI (sustainment complete); current T/O weapon qualification; and have one year obligated service upon completion of the course.

(3) All course graduates will be certified as MAITs and promoted to Black Belt 1st Degree. Additionally, Enlisted Marines will receive the AMOS of 8552.

11. Semper Fit. Skill level progression in MCMAP, beyond what the individual Marines' unit is capable of providing, is offered at Semper Fit facilities and taught by certified MAIs and MAITs during off-duty hours. This supplements, not replaces, MCMAP unit training. Training and evaluation will be in accordance with references (d) and (f), and this order.

12. Equipment. Only equipment provided through the Marine Corps supply system is authorized for training. Waivers to use other types of equipment or equipment purchased by an individual command will be submitted per this Order.

a. Marine Corps System Command (MARCORSYSCOM) will initial issue of Martial Arts Kits to the MEF level. Additionally, MARCORSYSCOM will provide a Martial Arts Belt for each Enlisted Marine. Replenishment and replacement of Martial Arts equipment is a local O&MMC funding responsibility.

b. Units will fund/provide a belt, per subsequent rank, for each enlisted Marine, as they advance through the belt ranking achievement system. Belts are available through the supply system. Enlisted Marines may purchase additional belts through cash sales. Officers are required to purchase all of their belts through cash sales.

13. Waivers. Request for waivers will be in standard Naval letter format with enclosures. Waivers must be submitted to CG, TECOM (C 469 - Training Programs Section), 3300 Russell Road, Quantico, VA 22134. Commands will receive written response to all waivers.

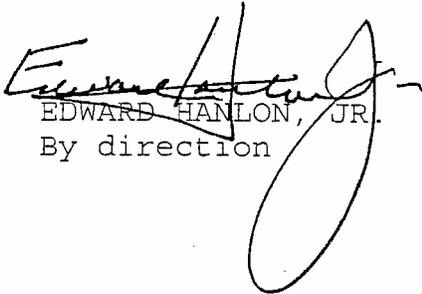
a. Candidates for grade waivers must have the recommendation of their Reporting Senior. Included in the waiver package should be a description of the individual's unique qualifications, leadership skills, level of maturity, character, and judgment. In cases of grade waiver due to unique civilian martial arts achievements, details of the civilian black belt achieved (to include teaching and performance certificate) and/or individual accomplishments (tournament, etc.) should be included.

b. Waivers to use alternate types of training equipment, other than fielded through the USMC supply system, require a CG, TECOM waiver. Waiver requests must contain the manufacturer, a complete description of the item, and a photograph.

14. Reserve Applicability. This order is applicable to the Marine Corps Reserve.

MCO 1500.54A  
16 Dec 02

15. Certification. Reviewed and approved this date.

  
EDWARD HANLON, JR.  
By direction

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Performance Evaluations and Promotions in the Belt Ranking  
Achievement System

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2. Gray Belt	5
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## TAN BELT PERFORMANCE TEST

NAME \_\_\_\_\_ RANK \_\_\_\_\_ SSN \_\_\_\_\_ DATE \_\_\_\_\_

### Physical Discipline

#### a. Fundamentals

- |                                     |            |            |                 |
|-------------------------------------|------------|------------|-----------------|
| 1. Execute the basic warrior stance | Pass _____ | Fail _____ | Remediate _____ |
| 2. Execute angles of movement       | Pass _____ | Fail _____ | Remediate _____ |

#### b. Punches

- |                              |            |            |                 |
|------------------------------|------------|------------|-----------------|
| 1. Execute a lead hand punch | Pass _____ | Fail _____ | Remediate _____ |
| 2. Execute a rear hand punch | Pass _____ | Fail _____ | Remediate _____ |
| 3. Execute an uppercut       | Pass _____ | Fail _____ | Remediate _____ |
| 4. Execute a hook            | Pass _____ | Fail _____ | Remediate _____ |

#### c. Falls

- |                                    |            |            |                 |
|------------------------------------|------------|------------|-----------------|
| 1. Execute a front break-fall      | Pass _____ | Fail _____ | Remediate _____ |
| 2. Execute a back break-fall       | Pass _____ | Fail _____ | Remediate _____ |
| 3. Execute a right side break-fall | Pass _____ | Fail _____ | Remediate _____ |
| 4. Execute a left side break-fall  | Pass _____ | Fail _____ | Remediate _____ |
| 5. Execute a forward shoulder roll | Pass _____ | Fail _____ | Remediate _____ |

#### d. Bayonet Techniques

- |                                  |            |            |                 |
|----------------------------------|------------|------------|-----------------|
| 1. Execute a straight thrust     | Pass _____ | Fail _____ | Remediate _____ |
| 2. Execute vertical buttstroke   | Pass _____ | Fail _____ | Remediate _____ |
| 3. Execute horizontal buttstroke | Pass _____ | Fail _____ | Remediate _____ |
| 4. Execute a smash               | Pass _____ | Fail _____ | Remediate _____ |
| 5. Execute a slash               | Pass _____ | Fail _____ | Remediate _____ |
| 6. Execute a parry               | Pass _____ | Fail _____ | Remediate _____ |

#### e. Pugil Sticks

- |                                      |            |            |                 |
|--------------------------------------|------------|------------|-----------------|
| 1. Participate in a pugil stick bout | Pass _____ | Fail _____ | Remediate _____ |
|--------------------------------------|------------|------------|-----------------|

#### f. Upper Body Strikes

- |  |            |            |                 |
|--|------------|------------|-----------------|
| 1. Execute an eye gouge                      | Pass _____ | Fail _____ | Remediate _____ |
| 2. Execute horizontal hammerfist strike      | Pass _____ | Fail _____ | Remediate _____ |
| 3. Execute vertical hammerfist strike        | Pass _____ | Fail _____ | Remediate _____ |
| 4. Execute forward horizontal elbow strike   | Pass _____ | Fail _____ | Remediate _____ |
| 5. Execute vertical elbow strike low to high | Pass _____ | Fail _____ | Remediate _____ |

#### g. Lower Body Strikes

- |                                   |            |            |                 |
|-----------------------------------|------------|------------|-----------------|
| 1. Execute a front kick           | Pass _____ | Fail _____ | Remediate _____ |
| 2. Execute a round kick           | Pass _____ | Fail _____ | Remediate _____ |
| 3. Execute a vertical knee strike | Pass _____ | Fail _____ | Remediate _____ |
| 4. Execute a vertical stomp       | Pass _____ | Fail _____ | Remediate _____ |

ENCLOSURE (1)

- h. Chokes**
1. Execute a rear choke **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute a figure-4 variation **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- i. Throws**
1. Execute a leg sweep **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- j. Counters to Strikes**
1. Execute counter to a rear hand punch **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute counter to a rear leg kick **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- k. Counter to Chokes and Holds**
1. Execute a counter to rear choke **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute a counter to rear headlock **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  3. Execute a counter to rear bearhug **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- l. Unarmed Restraints**
1. Execute a basic wrist-lock takedown **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute a reverse wrist-lock **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  3. Execute an armbar takedown **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- m. Armed Manipulations**
1. Execute a counter to the muzzle grab **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute a counter to the overhand grab **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  3. Execute a counter to the underhand grab **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  4. Execute a high block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  5. Execute a low block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  6. Execute a mid block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  7. Execute a left block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  8. Execute a right block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- n. Knife Techniques**
1. Execute a vertical slash **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute a vertical thrust **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- o. Weapons of Opportunity**
1. Execute a straight thrust **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  2. Execute block to a straight thrust **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_

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16 Dec 02

In order to obtain belt the student must score 70%; student can fail no more than 15 techniques. If a student fails testing, he must wait a minimum of a day to retest.

Pass \_\_\_\_\_ Fail \_\_\_\_\_ Percentage \_\_\_\_\_

Instructor Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Instructor Signature \_\_\_\_\_

ENCLOSURE (1)

## GRAY BELT PERFORMANCE TEST

NAME \_\_\_\_\_ RANK \_\_\_\_\_ SSN \_\_\_\_\_ DATE \_\_\_\_\_

### Sustainment from Previous Rank (Tan Belt)

1. Technique #1	_____	Pass_____	Fail_____	Remediate_____
2. Technique #2	_____	Pass_____	Fail_____	Remediate_____
3. Technique #3	_____	Pass_____	Fail_____	Remediate_____
4. Technique #4	_____	Pass_____	Fail_____	Remediate_____
5. Technique #5	_____	Pass_____	Fail_____	Remediate_____

**\*Sustainment-** Student must pass all five techniques in order to continue.  
Pass\_\_\_\_\_ Fail\_\_\_\_\_

If a student fails testing, he must wait a minimum of a day to retest.

### Physical Discipline

#### a. Intro to Bayonet Trainer (Blunt Bayonet Trainer)

1. Disrupt while closing w/opponent	_____	Pass_____	Fail_____	Remediate_____
2. Thrust while closing w/opponent	_____	Pass_____	Fail_____	Remediate_____

#### b. Upper Strikes

1. Execute an inside knifehand strike	_____	Pass_____	Fail_____	Remediate_____
2. Execute an outside knifehand strike	_____	Pass_____	Fail_____	Remediate_____
3. Execute a vertical knifehand strike	_____	Pass_____	Fail_____	Remediate_____
4. Execute a chin jab strike	_____	Pass_____	Fail_____	Remediate_____
5. Execute horizontal rear elbow strike	_____	Pass_____	Fail_____	Remediate_____
6. Execute a vertical elbow strike high to low	_____	Pass_____	Fail_____	Remediate_____

#### c. Lower Body Strikes

1. Execute a side kick	_____	Pass_____	Fail_____	Remediate_____
2. Execute a horizontal knee strike	_____	Pass_____	Fail_____	Remediate_____
3. Execute an axe stomp	_____	Pass_____	Fail_____	Remediate_____

#### d. Execute Front Choke

1. Locate the carotid artery	_____	Pass_____	Fail_____	Remediate_____
2. Execute a front choke	_____	Pass_____	Fail_____	Remediate_____

#### e. Hip Throw

1. Execute a hip throw	_____	Pass_____	Fail_____	Remediate_____
------------------------	-------	-----------	-----------	----------------

#### f. Counters to Strikes

1. Execute a counter to a lead hand punch	_____	Pass_____	Fail_____	Remediate_____
2. Execute a counter to a lead leg kick	_____	Pass_____	Fail_____	Remediate_____

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- g. Counters to Chokes & Holds**
- 1. Execute a counter to the front choke **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute a counter to the front headlock **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 3. Execute a counter to the front bearhug **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- h. Unarmed Restraints**
- 1. Execute the basic wristlock come-along **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute the escort position **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- i. Armed Manipulations**
- 1. Execute off-balancing while stationery opponent is pushing **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute off-balancing while stationery opponent is pulling **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 3. Execute off-balancing while opponent is pulling and moving **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 4. Execute inside strike buttstroke **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 5. Execute outside strike buttstroke **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- j. Knife Techniques**
- 1. Execute a forward thrust **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute a forward slash **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 3. Execute a reverse thrust **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 4. Execute a reverse slash **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 5. Execute movement against an opponent **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- k. Weapons of Opportunity**
- 1. Execute a vertical strike **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute a forward strike **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 3. Execute a reverse strike **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- l. Ground Fighting**
- 1. Execute an armbar from the mount **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute an armbar from the guard **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
- m. Nonlethal Baton**
- 1. Execute one-handed forward strike **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 2. Execute one-handed reverse strike **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 3. Execute right block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 4. Execute left block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 5. Execute mid block **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_
  - 6. Execute the strong side armlock **Pass**\_\_\_\_\_ **Fail**\_\_\_\_\_ **Remediate**\_\_\_\_\_

ENCLOSURE (1)

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In order to obtain belt the student must score 70%; student can fail no more than 13 techniques. If a student fails testing, he must wait a minimum of a day to retest.

Pass\_\_\_\_ Fail\_\_\_\_ Percentage\_\_\_\_

Instructor Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Instructor Signature \_\_\_\_\_

ENCLOSURE (1)

## GREEN BELT PERFORMANCE TEST

**NAME** \_\_\_\_\_ **RANK** \_\_\_\_\_ **SSN** \_\_\_\_\_ **DATE** \_\_\_\_\_

**Sustainment from Previous Ranks (1-5 Tan; 6-10 Gray)**

1. Technique #1	_____	Pass_____	Fail_____	Remediate_____
2. Technique #2	_____	Pass_____	Fail_____	Remediate_____
3. Technique #3	_____	Pass_____	Fail_____	Remediate_____
4. Technique #4	_____	Pass_____	Fail_____	Remediate_____
5. Technique #5	_____	Pass_____	Fail_____	Remediate_____
6. Technique #6	_____	Pass_____	Fail_____	Remediate_____
7. Technique #7	_____	Pass_____	Fail_____	Remediate_____
8. Technique #8	_____	Pass_____	Fail_____	Remediate_____
9. Technique #9	_____	Pass_____	Fail_____	Remediate_____
10. Technique #10	_____	Pass_____	Fail_____	Remediate_____

**\*Sustainment-** Student can miss only one technique (90%) in order to continue.  
**Pass\_\_\_\_\_ Fail\_\_\_\_\_**

If a student fails testing, he must wait a minimum of a day to retest.

**Physical Discipline**

**a. Bayonet (Blunt Bayonet Trainer)**

1. Execute a disrupt while closing with a moving opponent	_____	Pass_____	Fail_____	Remediate_____
2. Execute a thrust while closing with a moving opponent	_____	Pass_____	Fail_____	Remediate_____
3. Execute a butt-strike offline with a stationery opponent	_____	Pass_____	Fail_____	Remediate_____

**b. Muscular Gouging**

1. Identify five target areas for muscular gouging	_____	Pass_____	Fail_____	Remediate_____
2. Demonstrate muscular gouging	_____	Pass_____	Fail_____	Remediate_____

**c. Side Choke**

1. Identify verbally when a side choke is used	_____	Pass_____	Fail_____	Remediate_____
2. Execute a side choke	_____	Pass_____	Fail_____	Remediate_____

**d. Shoulder Throw**

1. Execute a shoulder throw	_____	Pass_____	Fail_____	Remediate_____
-----------------------------	-------	-----------	-----------	----------------

**e. Counters to Strikes**

1. Execute a counter to a round kick	_____	Pass_____	Fail_____	Remediate_____
2. Execute a counter to a round punch	_____	Pass_____	Fail_____	Remediate_____

**f. Unarmed Manipulations**

1. Execute enhanced pain compliance	_____	Pass_____	Fail_____	Remediate_____
2. Execute a reverse wrist-lock come-along	_____	Pass_____	Fail_____	Remediate_____
3. Execute controlling techniques	_____	Pass_____	Fail_____	Remediate_____

ENCLOSURE (1)

**g. Knife Techniques**

- 1. Execute block for a vertical strike w/follow-on techniques      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute block for a forward strike w/follow-on techniques      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**h. Nonlethal Baton Techniques**

- 1. Execute a two-handed forward strike      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute a two-handed reverse strike      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 3. Execute a rear jab      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 4. Execute a high block      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 5. Execute a low block      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**i. Weapons of Opportunity**

- 1. Execute block for a vertical strike      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute block for a forward strike      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 3. Execute block for a reverse strike      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**j. Ground Fighting**

- 1. Execute the counter to the mount      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute the counter to the guard      **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

In order to obtain belt the student must score 70%; student can fail no more than seven techniques. If a student fails testing, he must wait a minimum of a day to retest.

Pass\_\_\_\_ Fail\_\_\_\_ Percentage\_\_\_\_

Instructor Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Instructor Signature \_\_\_\_\_ Date \_\_\_\_\_

## BROWN BELT PERFORMANCE TEST

NAME \_\_\_\_\_ RANK \_\_\_\_\_ SSN \_\_\_\_\_ DATE \_\_\_\_\_

### Sustainment from Previous Ranks (1-5 Tan; 6-10 Gray; 11-15 Green)

1. Technique #1	_____	Pass_____	Fail_____	Remediate_____
2. Technique #2	_____	Pass_____	Fail_____	Remediate_____
3. Technique #3	_____	Pass_____	Fail_____	Remediate_____
4. Technique #4	_____	Pass_____	Fail_____	Remediate_____
5. Technique #5	_____	Pass_____	Fail_____	Remediate_____
6. Technique #6	_____	Pass_____	Fail_____	Remediate_____
7. Technique #7	_____	Pass_____	Fail_____	Remediate_____
8. Technique #8	_____	Pass_____	Fail_____	Remediate_____
9. Technique #9	_____	Pass_____	Fail_____	Remediate_____
10. Technique #10	_____	Pass_____	Fail_____	Remediate_____
11. Technique #11	_____	Pass_____	Fail_____	Remediate_____
12. Technique #12	_____	Pass_____	Fail_____	Remediate_____
13. Technique #13	_____	Pass_____	Fail_____	Remediate_____
14. Technique #14	_____	Pass_____	Fail_____	Remediate_____
15. Technique #15	_____	Pass_____	Fail_____	Remediate_____

**\*Sustainment-** Student can miss only one technique (90%) in order to continue.  
**Pass\_\_\_\_\_ Fail\_\_\_\_\_**

If a student fails testing, he must wait a minimum of a day to retest.

### Physical Discipline

#### a. Bayonet Trainer (Blunt Bayonet Trainer)

1. Execute bayonet techniques 1-on-2	_____	Pass_____	Fail_____	Remediate_____
2. Execute team bayonet techniques 2-on-1	_____	Pass_____	Fail_____	Remediate_____
3. Execute team bayonet techniques 2-on-2	_____	Pass_____	Fail_____	Remediate_____

#### b. Ground Fighting

1. Execute a bent armbar from side mount	_____	Pass_____	Fail_____	Remediate_____
2. Execute a basic leglock	_____	Pass_____	Fail_____	Remediate_____

#### c. Ground Chokes

1. Execute a front choke	_____	Pass_____	Fail_____	Remediate_____
2. Execute a rear choke	_____	Pass_____	Fail_____	Remediate_____
3. Execute a side choke	_____	Pass_____	Fail_____	Remediate_____
4. Execute a figure-4 variation	_____	Pass_____	Fail_____	Remediate_____

#### d. Major Outside Reap Throw

1. Execute a major outside reap throw	_____	Pass_____	Fail_____	Remediate_____
---------------------------------------	-------	-----------	-----------	----------------

#### e. Unarmed vs. Hand Held Weapons

1. Demonstrate hollowing out with follow-on techniques	_____	Pass_____	Fail_____	Remediate_____
2. Execute a bent armbar counter	_____	Pass_____	Fail_____	Remediate_____

ENCLOSURE (1)

- 3. Execute a forward armbar counter    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 4. Execute a reverse armbar counter    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**f. Firearm Retention**

- 1. Execute the blocking technique    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute an armbar technique    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 3. Execute a wrist-lock technique    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**g. Firearm Disarmament**

- 1. Execute counter to pistol from the front    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute counter to pistol from the rear    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**h. Knife Techniques**

- 1. Execute block for a reverse strike with follow-on techniques    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute block for a straight thrust with follow-on techniques    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**i. Non-Lethal Baton**

- 1. Execute a counter to the middle grab    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 2. Execute a counter to the end grab    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 3. Execute a modified baton carry    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 4. Execute block for a vertical strike with follow-on techniques    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 5. Execute block for a forward strike with follow-on techniques    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 6. Execute block for a reverse strike with follow-on techniques    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- 7. Execute block for a linear attack with follow-on techniques    **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

In order to obtain belt the student must score 70%; student can fail no more than eight techniques. If a student fails testing, he must wait a minimum of a day to retest.

**Pass**\_\_\_\_ **Fail**\_\_\_\_ **Percentage**\_\_\_\_

**Instructor Name (printed)** \_\_\_\_\_ **Date** \_\_\_\_\_

**Instructor Signature** \_\_\_\_\_

16 Dec 02

## BLACK BELT 1ST DEGREE PERFORMANCE TEST

NAME \_\_\_\_\_ RANK \_\_\_\_\_ SSN \_\_\_\_\_ DATE \_\_\_\_\_

**Sustainment from Previous Ranks (1-5 Tan, 6-10 Gray, 11-15 Green, 16-20 Brown)**

1. Technique #1	_____	Pass_____	Fail_____	Remediate_____
2. Technique #2	_____	Pass_____	Fail_____	Remediate_____
3. Technique #3	_____	Pass_____	Fail_____	Remediate_____
4. Technique #4	_____	Pass_____	Fail_____	Remediate_____
5. Technique #5	_____	Pass_____	Fail_____	Remediate_____
6. Technique #6	_____	Pass_____	Fail_____	Remediate_____
7. Technique #7	_____	Pass_____	Fail_____	Remediate_____
8. Technique #8	_____	Pass_____	Fail_____	Remediate_____
9. Technique #9	_____	Pass_____	Fail_____	Remediate_____
10. Technique #10	_____	Pass_____	Fail_____	Remediate_____
11. Technique #11	_____	Pass_____	Fail_____	Remediate_____
12. Technique #12	_____	Pass_____	Fail_____	Remediate_____
13. Technique #13	_____	Pass_____	Fail_____	Remediate_____
14. Technique #14	_____	Pass_____	Fail_____	Remediate_____
15. Technique #15	_____	Pass_____	Fail_____	Remediate_____
16. Technique #16	_____	Pass_____	Fail_____	Remediate_____
17. Technique #17	_____	Pass_____	Fail_____	Remediate_____
18. Technique #18	_____	Pass_____	Fail_____	Remediate_____
19. Technique #19	_____	Pass_____	Fail_____	Remediate_____
20. Technique #20	_____	Pass_____	Fail_____	Remediate_____

**\*Sustainment-** Student can miss only two techniques (90%) in order to continue.

Pass\_\_\_\_\_ Fail\_\_\_\_\_

If a student fails testing, he must wait a minimum of a day to retest.

### Physical Discipline

#### a. Bayonet Techniques

1. Execute bayonet techniques in a low light environment 1-on-1	_____	Pass_____	Fail_____	Remediate_____
2. Execute bayonet techniques vs. multiple attackers in low light environment	_____	Pass_____	Fail_____	Remediate_____

#### b. Sweeping Hip Throw

1. Execute a sweeping hip throw	_____	Pass_____	Fail_____	Remediate_____
---------------------------------	-------	-----------	-----------	----------------

#### c. Face Rip from the Guard

1. Execute a face rip from the guard	_____	Pass_____	Fail_____	Remediate_____
--------------------------------------	-------	-----------	-----------	----------------

#### d. Neck Crank Takedown

1. Execute a neck crank takedown	_____	Pass_____	Fail_____	Remediate_____
----------------------------------	-------	-----------	-----------	----------------

#### e. Triangle Choke From the Guard Position

1. Execute a triangle choke	_____	Pass_____	Fail_____	Remediate_____
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ENCLOSURE (1)

- f. Rolling Knee-bar**  
1. Execute a rolling knee-bar **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- g. Straight Armbar from a Scarf Hold**  
1. Execute a straight armbar from a scarf hold **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- h. Bent Armbar from a Scarf Hold**  
1. Execute a bent armbar from a scarf hold **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- i. Counter Pistol to the Head**  
1. Execute counter to the pistol to the head **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- j. Striking Techniques**  
1. Execute a cupped hand strike **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
2. Execute a face smash **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- k. Knife Techniques**  
1. Execute a lead hand vertical slash **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
2. Execute a lead hand vertical thrust **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
3. Execute a lead hand forward thrust **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
4. Execute a lead hand reverse thrust **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
5. Execute a lead hand forward slash **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
6. Execute a lead hand reverse slash **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
7. Execute a reverse grip forward slash **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
8. Execute a reverse grip reverse slash **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
9. Execute a reverse grip forward thrust **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
10. Execute a reverse grip reverse thrust **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
11. Execute movement against an opponent **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_
- l. Anatomy**  
1. Demonstrate five pressure points on the head **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
2. Demonstrate five pressure points on the neck **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
3. Demonstrate five pressure points on the arm **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
4. Demonstrate five pressure points on the leg **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
5. Demonstrate five pressure points on the foot **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_  
6. Demonstrate five pressure points on the hand **Pass**\_\_\_\_ **Fail**\_\_\_\_ **Remediate**\_\_\_\_

**m. Improvised Weapons**

- |   |      |      |           |
|---|------|------|-----------|
| 1. Execute garrote from the front                       | Pass | Fail | Remediate |
| 2. Execute garrote from the rear                        | Pass | Fail | Remediate |
| 3. Construct a club                                     | Pass | Fail | Remediate |
| 4. Identify points on the body to<br>attack with a club | Pass | Fail | Remediate |

In order to obtain belt the student must score 70%; student can fail no more than nine techniques. If a student fails testing, he must wait a minimum of a day to retest.

Pass \_\_\_\_\_ Fail \_\_\_\_\_ Percentage \_\_\_\_\_

Instructor Trainer Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Instructor Trainer Signature \_\_\_\_\_

## BLACK BELT 2ND DEGREE PERFORMANCE TEST

NAME \_\_\_\_\_ RANK \_\_\_\_\_ SSN \_\_\_\_\_ DATE \_\_\_\_\_

### Execute the MCMAP Engagement Pattern

#### a. Rifle versus Rifle

- |                            |            |            |                 |
|----------------------------|------------|------------|-----------------|
| 1. Slash Response          | Pass _____ | Fail _____ | Remediate _____ |
| 2. Off-Line Thrust-Inside  | Pass _____ | Fail _____ | Remediate _____ |
| 3. Off-Line Thrust-Outside | Pass _____ | Fail _____ | Remediate _____ |
| 4. Tie-up Point Control    | Pass _____ | Fail _____ | Remediate _____ |
| 5. Tie-up Buttstroke       | Pass _____ | Fail _____ | Remediate _____ |

#### b. Short Weapon versus Rifle

- |                    |            |            |                 |
|--------------------|------------|------------|-----------------|
| 1. Disrupt-Inside  | Pass _____ | Fail _____ | Remediate _____ |
| 2. Disrupt-Outside | Pass _____ | Fail _____ | Remediate _____ |

#### c. Empty Hand versus Rifle

- |                  |            |            |                 |
|------------------|------------|------------|-----------------|
| 1. Entry-Inside  | Pass _____ | Fail _____ | Remediate _____ |
| 2. Entry-Outside | Pass _____ | Fail _____ | Remediate _____ |

In order to obtain belt the student must score 70%; student can fail no more than two steps in the Engagement Pattern. If a student fails testing, he must wait a minimum of a day to retest.

Pass \_\_\_\_\_ Fail \_\_\_\_\_ Percentage \_\_\_\_\_

Instructor Trainer Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Instructor Trainer Signature \_\_\_\_\_

ENCLOSURE (1)

Guidelines for the Completion of an Elements of Martial Culture  
Analysis

1. General. Promotion to Black Belt Second Degree in MCMAP includes completing an Elements of Martial Culture Analysis (EMCA).

2. Guidelines for construction of an EMCA. The EMCA will provide an in-depth assessment on one aspect or element of a Martial Culture, i.e., training, tactics, customs, or traditions. The purpose of the analysis is to demonstrate the student's grasp of key concepts and applications of Martial Culture Studies and how they compare and contrast with the Marine Corps' specific culture.

a. The EMCA is considered a highly technical/literary paper suitable for publishing and/or Professional Military Education (PME) applications. Accordingly, it should be well organized and written, providing a thorough analysis clear of grammatical and spelling errors.

b. The paper will be 8-10 typed pages, double-spaced, with endnotes or footnotes.

c. Outline of an EMCA. The EMCA will consist of:

(1) Executive Summary. This statement will summarize the main themes of the EMCA.

(2) Introduction. This portion should introduce the element analyzed, explain why it was selected, and present interesting aspects of the element and its applicability to martial culture.

(3) Background. This portion should provide a historical setting on the unit or culture analyzed.

(4) Analysis. The body of the EMCA. Analysis will include strengths and weaknesses, stand-alone specifics, if applicable, and past and present examples of martial culture within the framework of the element analyzed.

(5) Discussions and Recommendations. This portion should present key issues and tie them into the performance of

ENCLOSURE (2)

MCO 1500.54A  
16 Dec 02

the culture/group in training and preparation for combat and compare/contrast it with the Marine Corps culture as a whole and martial cultures in specific.

(6) Conclusion. This portion should provide a concise conclusion to the paper.

(7) Reference List. This listing should include all of academic and other sources cited in the EMCA.

ENCLOSURE (2)

MCO 1500.54A  
16 Dec 02

Unit Letterhead

IN REPLY REFER TO:  
1500.54  
3  
X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC  
To: Director, Marine Corps Martial Arts Program (MCMAP),  
Martial Arts Center of Excellence  
Via: Immediate Commanding Officer (Bn/Sqd or higher)

Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT SECOND DEGREE  
IN THE MARINE CORPS MARTIAL ARTS PROGRAM

Ref: (a) MCO 1500.54A

Encl: (1) Elements of Martial Culture Analysis

1. Per the reference, I request consideration for promotion to the grade of Black Belt Second Degree in the Marine Corps Martial Arts Program.

2. "Paragraph 2 is certification from the MAI or MAIT attesting that SNM has completed the physical requirements for the Black Belt Second Degree Rank. This paragraph must include the name, rank and SSN of the MAI or MAIT making the testament, and his/her unit if different than the unit of the Marine seeking promotion."

3. Enclosure (1) is submitted as required by MCO 1500.54A.

4. Full length photograph, per reference (g), is provided below.

ENCLOSURE (2)

MCO 1500.54A  
16 Dec 02

Height XX" Weight XXX lbs Date of Photograph XXXXXX  
% Body Fat NA  
Latest PFT Score XXX Class XXX Class Date XXXXXX  
Pull-Ups XX Crunches XXX Run XX:XX

X. X. XXXXX

ENCLOSURE (2)

Guidelines for the Completion of a Unit Training Integration  
Plan

1. General. Promotion to Black Belt Third Degree in MCMAP requires completing a Unit Training Integration Plan (UTIP).

2. Guidelines for construction of a UTIP. The UTIP is considered a highly technical/professional document. Accordingly, it should be well organized and written, providing a workable training plan, clear of grammatical and spelling errors.

3. Content. The UTIP will provide a complete plan for integrating MCMAP into the unit's basic daily, weekly, and monthly routine. The purpose is to demonstrate the student's grasp of key concepts and applications and how MCMAP can be integrated into a unit's training plan.

a. The paper will be 8-10 typed pages, double-spaced, with endnotes or footnotes. Enclosures are acceptable, to include graphics and charts, as applicable.

b. The UTIP must present sufficient evidence of integrating MCMAP with the unit's Mission Essential Tasks List (METL). The UTIP should be written in a readable and engaging manner.

c. Outline of a UTIP. A UTIP will consist of:

(1) Executive Summary. This statement will summarize the main themes of the plan, to include: unit mission, goals, and objectives. A copy of the unit Commander's Intent should be included if available.

(2) Introduction. This portion should provide information about the unit where training is to take place, to include why it was selected and the present status of MCMAP within the unit.

(3) Background. This portion should provide a technical background on the unit, to include its mission and METLs.

(4) Plan. The body of the UTIP. The plan should lay out in detail how MCMAP training will be integrated into a unit's training plan over an extended period (six month

ENCLOSURE (3)

MCO 1500.54A

16 Dec 02

minimum). If the UTIP is theoretical in nature (has not been implemented), then the results can be omitted.

(5) Discussion and Recommendation. This portion should synopsise key issues and problems/solutions to integration. The recommendations can be both unit and/or Marine Corps-specific in nature. A presentation strategy to obtain the Commanding Officer's approval should be included.

(6) Reference List. This list should include all of the academic and other sources cited in the UTIP.

ENCLOSURE (3)

MCO 1500.54A  
16 Dec 02

Unit Letterhead

IN REPLY REFER TO:  
1500.54  
3  
X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC  
To: Director, Marine Corps Martial Arts Program (MCMAP),  
Martial Arts Center of Excellence  
Via: Immediate Commanding Officer (Bn/Sqd or higher)

Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT THIRD DEGREE  
IN THE MARINE CORPS MARTIAL ARTS PROGRAM

Ref: (a) MCO 1500.54A

Encl: (1) Unit Training Integration Plan

1. Per the reference, I request consideration for promotion to the grade of Black Belt Third Degree in the Marine Corps Martial Arts Program.

2. "Paragraph 2 is certification from the MAI or MAIT attesting that SNM has completed the physical requirements for the Black Belt Third Degree Rank, if SNM is a MAI or MAIT. This paragraph must include the name, rank, and SSN of the MAI or MAIT making the testament, and his/her unit if different than the unit of the Marine seeking promotion."

3. Enclosure (1) is submitted as required by MCO 1500.54A.

4. Full length photograph, per reference (g), is provided below.

ENCLOSURE (3)

MCO 1500.54A  
16 Dec 02

Height XX" Weight XXX lbs Date of Photograph XXXXXX  
% Body Fat NA  
Latest PFT Score XXX Class XXX Class Date XXXXXX  
Pull-Ups XX Crunches XXX Run XX:XX

X. X. XXXXX

ENCLOSURE (3)

MCO 1500.54A  
16 Dec 02

Example Request for Promotion to Black Belt Fourth Degree

Unit Letterhead

IN REPLY REFER TO:  
1500.54  
4  
X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC  
To: Director, Marine Corps Martial Arts Program (MCMAP),  
Martial Arts Center of Excellence  
Via: Immediate Commanding Officer (Bn/Sqd or higher)  
Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT FOURTH DEGREE  
IN THE MARINE CORPS MARTIAL ARTS PROGRAM  
Ref: (a) MCO 1500.54A  
Encl: (1) Certified True Copy of Certificate of Achievement of  
Black Belt 1st Degree in Civilian Martial Art  
(2) Letters of Recommendation (optional)

1. Per the reference, I request consideration for promotion to the grade of Black Belt Fourth Degree in the Marine Corps Martial Arts Program.

2. "Paragraph 2 is a narrative of individual accomplishments, to include training and experience in MCMAP. This paragraph should address personal impact on unit training, mentoring, and benefits to the command from your presence and efforts."

3. Enclosures (1) and (2) are submitted as required by MCO 1500.54A.

4. Full length photograph, per reference (g), is provided below.

ENCLOSURE (4)

MCO 1500.54A  
16 Dec 02

Height XX" Weight XXX lbs Date of Photograph XXXXXX  
% Body Fat NA  
Latest PFT Score XXX Class XXX Class Date XXXXXX  
Pull-Ups XX Crunches XXX Run XX:XX

X. X. XXXXX

ENCLOSURE (4)

MCO 1500.54A  
16 Dec 02

Example Request for Promotion to Black Belt Fifth or Sixth  
Degree

Unit Letterhead

IN REPLY REFER TO:  
1500.54  
5/6  
X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC  
To: Director, Marine Corps Martial Arts Program (MCMAP),  
Martial Arts Center of Excellence  
Via: Immediate Commanding Officer (Bn/Sqd or higher)  
  
Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT FIFTH OR SIXTH  
DEGREE IN THE MARINE CORPS MARTIAL ARTS PROGRAM  
  
Ref: (a) MCO 1500.54A  
  
Encl: (1) Letters of Recommendation  
(2) Other material as appropriate

1. Per the reference, I request consideration for promotion to the grade of Black Belt (Fifth/Sixth) Degree in the Marine Corps Martial Arts Program.

2. "Paragraph 2 is a narrative of individual accomplishments, to include training and experience in MCMAP. This paragraph should address personal impact on unit training, mentoring, and benefits to the command from your presence and efforts."

3. Enclosures (1) and (2) are submitted as required by MCO 1500.54A.

4. Full length photograph, per reference (g), is provided below.

ENCLOSURE (5)

Height XX" Weight XXX lbs Date of Photograph XXXXXX  
% Body Fat NA  
Latest PFT Score XXX Class XXX Class Date XXXXXX  
Pull-Ups XX Crunches XXX Run XX:XX

X. X. XXXXX

ENCLOSURE (5)



