

# *Welcome Aboard*



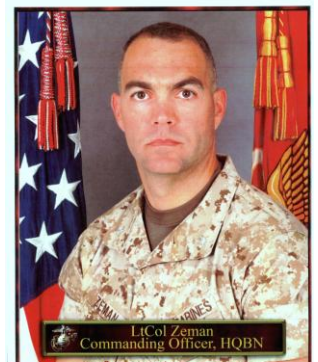
**HEADQUARTERS BATTALION  
MAGTFTC, MCAGCC  
BOX 788200  
TWENTYNINE PALMS, CALIFORNIA 92278-8200  
DUTY 760.830.6806**



## COMMANDING OFFICER'S WELCOME ABOARD

Headquarters Battalion Family  
Welcome aboard!

“Service and Support to the Fleet Marine Force.”



As your Commanding Officer, I advocate and promote the Unit, Personal and Family Readiness Program (UPFRP) by acknowledging the link that exists between personal and family readiness and operational readiness.

Personal and family readiness is a combat multiplier; with families in a higher state of readiness, individual Marines are better able to perform their assigned missions efficiently, effectively, and safely, thereby promoting a higher state of unit readiness and effectiveness.

The Marine is responsible to his commander, his unit and his family for educating and preparing himself toward resiliency against inevitable military life and mission events that may serve as detractors from mission readiness. Marines are to promote similar opportunities to his family that ensure education, preparation and resiliency against inevitable lifecycle and mission events.

You are not alone in this endeavor. The support you have with the HQBN UPFRP is:

- Official Communication: Designed to maintain open two-way dialogue between the command and its Marines, Sailors and families to keep them informed and help eliminate rumors and uncertainty.
- Information Resource and Referral Services: Provides Marines, Sailors and families with appropriate information and resources that matches their needs.
- Readiness and Deployment: Support focused on maintaining accountability of those Marines and Sailors who are deployed and educating families so they are empowered to help themselves and others during these deployments.
- Volunteer Management: Harnessing the talents, experiences, and insights of family members by encouraging them to volunteer is an integral part of a successful UPFRP program. Units shall develop strategies to help maximize these resources.

I ask you not to hesitate to contact the Family Readiness Officer, Mrs. Kathleen Schmidt, for trouble shooting, resource referral or any other family readiness issue support.

Families, I remind myself daily of your patriotic sacrifice while supporting your Marine.

V/R

LtCol Phillip Zeman  
Commanding Officer, HQBN



Headquarters Battalion  
Marine Corps Air Ground Combat Center  
Marine Air Ground Task Force Training Command  
Unit, Personal and Family Readiness Program  
BOX 788200  
Twentynine Palms, California 92278-8200



To: Headquarters Battalion Family  
From: Unit, Personal and Family Readiness Officer  
Subj: Welcome Aboard!

We would like to take this opportunity to welcome you to the Headquarters Battalion "Marine Family".

As your Unit, Personal and Family Readiness Program Officer (UPFRP) it is my intention to support a prevention and education environment to help facilitate Operational Readiness. The Readiness Program provides resource and support to our Marines and families. We define "family member" as a person (or persons) that you feel is significant in your life. This could include a mother, father, sister, brother, spouse, child or that special person that you feel is an integral part of your extended family.

Being an active duty member or a family member of an active duty Marine, Sailor or Civilian is a challenging situation at best. It is the mission of the Readiness Program to provide you with a communication lifeline, an ear to listen, a heart to empathize, and a primary source for those tools necessary to successfully meet the challenges of the military lifestyle regardless of deployment status or operational tempo.

If there is anything that I can do to make your transition to Twentynine Palms a more positive experience, please do not hesitate to contact me directly at (C) 760.401.2367, (W) 760.830.3511 or Kathleen.Schmidt@usmc.mil.

Our websites are:

<http://www.marines.mil/unit/29palms/pages/default.aspx>

<http://www.emarine.org>

Again, welcome to the HQBN family!

V/R  
A handwritten signature in black ink, appearing to read "KCS Schmidt".

Kathleen C. Schmidt  
Unit, Personal and Family Readiness Officer



Welcome to Headquarters Battalion! I hope you enjoy your time here. Let me share with you what the Religious Ministries Directorate and what I as your chaplain can do for you.

Whether you have a specific faith background or no faith background at all, your Religious Ministries Directorate is here to serve you. The chapels aboard MCAGCC offer regular opportunities for worship in the Catholic and Protestant traditions. Times and locations of services are available on the MCAGCC website as well as in the form of a tri-fold brochure available at either chapel or my office. Facilities, information, sacred text, and literature are also available for a variety of faiths and traditions represented aboard MCAGCC. Simply contact the RMD at (760) 830-6334 or my office at (760)830-4571 for more information or any questions you may have.

CREDO (Chaplain 's Religious Enrichment Development Operation) offers marriage enrichment retreats, family retreats, personal growth retreats, and warrior resilient retreats. CREDO's office is located at Camp Pendleton and can be reached at (760) 725-4954. Throughout the year, the RMD also offers PREP (Prevention and Relationship Enhancement Program) classes. These classes provide couples (both married and engaged) with the practical ways to improve and strengthen the marriage relationship. These classes are offered free of charge over a two day period. For further details and dates of upcoming sessions contact the Protestant Chapel at (760)830-6464.

As the Headquarters Battalion chaplain, I am here for you. Please feel free to contact me at any time with any questions or concerns that you may have. Because I may be out of the office at various times throughout the day, call ahead to make sure I am there before you come for counseling. All counseling is strictly confidential and is not shared with the command unless you ask for it to be.

I pray that your time here at MCAGCC is blessed and filled with success.

Sincerely,

A handwritten signature in black ink that reads "Cael J. Butler".

Chaplain Cael J. Butler  
HQBN, MCAGCC, 29 Palms

760-830-4571 (office)  
760-267-1626 (cell)

[cael.butler@usmc.mil](mailto:cael.butler@usmc.mil)



## **Unit, Personal & Family Readiness Program**

The Unit, Personal & Family Readiness Program shall provide support through proactive outreach and intervention in the form of the following functions:

Official Communication

Information and Referral

Readiness and Deployment Support (RDS).

Each is defined below:

### **• Official communication**

Facilitate communications between the command, Marines, and families regarding the unit, personal and family readiness information and requirements.

### **• Information and Referral**

Provide Marines and their families with information regarding and answering to questions relating to the many resources and services available to support unit, personal and family readiness.

### **• Marine and Family Readiness and Deployment Support (RDS )**

Provide resource information and training in addition to support services that enable the Marine's personal and family readiness. Information and training support are in three areas:

Readiness:

Skills Development

Prevention and Intervention

Self-help Education

### **•Readiness Volunteer Program**

If you are interested in helping with your HQBN Readiness Program please contact the Family Readiness Officer for more information. We welcome your HQBN "Family" service.



## **RELOCATION**

So you've got orders...  
Welcome Aboard to your new Installation and Unit!

Please browse through this booklet using the links and POC's for answers to all your relocation needs.

### **Relocation Assistance Program(RAP)**

Bldg 1551 Fifth Street  
The Village Center  
MCAGCC  
Twentynine Palms, CA 92278

Phone 760-830-4028/6540/6344  
Phone (DSN) 312-230-4028  
Fax 760-830-8323  
Fax (DSN) 312-230-8323  
Mon - Fri 7:30 a.m. - 4:30 p.m

### MCCS Relocation Assistance

<http://www.usmc-mccs.org/rap/index.cfm>

Plan your move

<http://apps.mhf.dod.mil/pls/psgprod/f?p=MHF:RELO:2445939104194283>

[www.militaryonesource.com](http://www.militaryonesource.com)

<http://www.move.mil/home.htm>

### **Workshops**

Commanding General's Welcome Aboard  
Coast-to-Coast Move  
Overseas Connection  
Welcome Aboard  
Sponsorship

### **Inbound:**

- Upon arrival, Hospitality Kits (enough kitchenware to set up light housekeeping) are available for short term loan.
- Welcome Aboard Packages – Check with your local RAP for details on how to request a WAP
- Sponsorship assistance (when requested)
- Welcome Aboard presentations – please see [www.mccs29palms.com](http://www.mccs29palms.com) for flyer.

### **Outbound:**

- Military Homefront installations overview booklets are provided for the next duty station.
- Videos on other installations are available.
- Information on Pay & Entitlements, Pre-Departure Checklists and Budgets, BAH/OHA, COLA/OCOLA, Moving tips & Hints, etc...are available.
- Meet one on one to discuss and explain the information provided above.
- If you are PCS'ing to an area not in close proximity to or supported by a military installation, the Relocation Assistance Program can provide points of contact by way of the Chambers of Commerce, internet searches and MCCS OneSource liaisons.



## Lodging and Transportation



### Up to date lodging:

#### On Base:

*Sleepy Tortoise & Twilight Dunes RV Park:*

<http://www.mccs29palms.com/pages/foodHospitality/lodging.html>

#### Billeting:

<http://www.marines.mil/unit/29palms/g4/bachelor%20housing/pages/default.aspx>

#### Housing:

<http://www.marines.mil/unit/29palms/G4/Family%20Housing/Pages/hsgapp.aspx>

*(there are referrals for out in town on this website)*

#### Off Base:

<http://www.militarybyowner.com>

<http://www.marines.mil/unit/29palms/pages/info/localaccommodations.aspx>

### Transportation:

**Soldier Organized Service (SOS)** is a volunteer group that will provide free transportation to and from MCAGCC for Marines and Sailors. Marines may make transportation reservations in advance by either calling (760) 799-5488 or going to <http://www.sosride.org>

**Morongo Basin Transit Authority (MBTA)** <http://www.mbtabus.com/Marines/index.html>  
*(MCAGCC to Palm Springs)*

There are three pick up times Monday through Thursday at Palm Springs Airport: 0750, 1010, and 1650 with an additional time of 1900 on Fri. Two pickup times on Saturday: 1200 and 1800 and only 1800 on Sunday.

Cost of MBTA is \$10 Mon-Fri (\$15 round trip) Sat and Sun: \$20 (\$25 round trip)

**SunLine Transit Agency** <http://www.sunline.org> Coachella Valley (Palm Springs/Desert Hot Springs area to Mecca/Oasis area)

**Amtrak & Greyhound Bus Service (Palm Springs):** <http://www.ci.palm-springs.ca.us/index.aspx?page=839>

**Palm Springs Airport:** <http://www.ci.palm-springs.ca.us/index.aspx?page=270>

The USO is located near the baggage claim; <http://www.bobhopeuso.org/palmspringsUSO.htm>

### Local City information: Things to Do & Things to Know:

- **29 Palms:**  
<http://www.ci.twentynine-palms.ca.us/Home.2.0.html>
- **Joshua Tree:**  
<http://www.sbcounty.gov/cities/cities.asp?city=joshuatree>
- **Yucca Valley:**  
<http://www.yucca-valley.org>
- **Palm Springs:**  
<http://www.ci.palm-springs.ca.us>

**Family Readiness Program Training/  
Base Coordinator for Volunteers**  
760-830-4163  
**Life skills Trainer & Family Care Plans**  
760.830.3115

**FOCUS**  
(Families OverComing Under Stress)  
760.830.3818

**American Red  
Cross**  
760.830.6685  
1.877.272.7337

**MCFTB**  
Marine Corps Family  
Team Building)  
**Director/  
Admin Assistant**  
PH: 760-830-3110

Door to  
5<sup>th</sup> St.

Free  
Computer  
Access

**DAV**  
**Disabled American  
Veteran**  
760.830.4131

**Readiness &  
Deployment Support  
Trainer 1**  
760.830.3674

**Information &  
Referral  
Services**  
760.830.6344

# ***What is in the Village Center***

**Readiness &  
Deployment Support  
Trainer 2**  
760.830.3127

**Relocation  
Assistance Program**  
760-830-4028

**Exceptional Family  
Member Program  
Case worker 1**  
760-830-7740  
IEFMP1

**Retired Activities  
Office**  
760-830-7550



**Exceptional  
Family  
Member  
Program  
[EFMP]  
Admin**  
760-830-7740

**Exceptional Family  
Member Program  
Case Worker 2**  
760-830-7740  
IEFMP1

**Financial  
Management  
Program**  
760-830-7342

Location of a program listed on this page  
Is relative to where it is in the Village Center  
Village Center  
Bldg. 1551

**HRO  
Human  
Resource  
Office**  
760.830.7281  
760.830.7287

760-830-6344/7479

**Toll Free: 1-877-727-5300**

<http://www.mccs29palms.com>

Mon - Fri: 7:30am - 4:30pm

Sat, Sun & Holidays: Closed

**"Bringing People and Services Together"**

Door to  
Chapel

**DEERS**  
760.830.5365

**Base  
Career Planner**  
760.830.6171

**HQBN  
Career Planner**  
760.830.6171  
760.830.7242

Door  
To  
4<sup>th</sup> St

**Navy Marine Corps  
Relief Society  
NMCRS**  
760.830.6323

**Prevention Response  
Program (SARC)**  
760.830.4997  
Cell 760.401.0701

**Marine For Life  
Liaison  
(Transition Assistance)**  
909.418.9293

**RMD  
Religious Ministries  
Directorate**  
760.830.6304



**MGAGCC**  
**Twentynine Palms**  
**SMP**  
COMM 760-830-8454  
5<sup>th</sup> Street Zone  
Bldg 1531 next to Taco Bell  
Fri-Sat: 10am-Midnight  
Sun-Thurs & Holidays:  
10am-10pm

USMC-MCCS  
<http://www.usmc-mccs.org/smp/index.cfm?sid=ml>

29 Palms  
<http://www.mccs29palms.com/pages/gymsRec/smp.html>

### **The Core**

A huge on line gaming center donated to the SMP from Drug Demand Reduction. This exciting online gaming program enables Marines to battle other Marines in combat situations.

<http://www.mccs29palms.com/pages/gymsRec/theCore.html>

### **FREE Movies**

Did you know that Single Marine Program has a \$60,000.00 Theatre Room available? Thanks to a grant from the base SMP is able to offer FREE Movies in house! We have a notebook with over 700 movies to choose from for our Marine's viewing pleasure.

### **Free Shuttle Bus Program**

This is a FREE shuttle bus program that is available for Marines and Sailors! We drive Marines and Sailors to the Commissary, PX, or their favorite fast food place on base, or just back to the barracks!

## ***EMPLOYMENT***



### **29 Palms Human Resources Office**

<http://www.marines.mil/unit/29palms/hro/pages/default.aspx>

### **29 Palms MCCS Employment Opportunities**

<http://www.mccs29palms.com/pages/mccsEmployees/naf.html>

### **USMC-MCCS**

<http://www.usmc-mccs.org/employ>

### **Spouse Employment Assistance Program**

<http://www.staynavy.navy.mil/family/content/Seap/default.asp>

### **Family Member Assistance Program**

<http://www.usmc-mccs.org/fmeap/index.cfm?sid=ml>

### **Transition Assistance Program**

<http://www.usmc-mccs.org/tamp/index.cfm?sid=ml&smid=1>

### **VA Hire**

<http://www.fedshirevets.gov>

[www.va.gov](http://www.va.gov)

### **Career Resource Office**

<http://www.mccs29palms.com/pages/mFamServices/croLibrary.html#itp>

Bldg. 1438

760-830-7225

760-830-5955 [Fax]

Mon - Fri: 7:30am - 4:30pm

Sat, Sun & Holidays: Closed

Our mission is to provide quality transition assistance to Marines, Sailors, spouses, retirees, civil servants and other authorized members. CRO offers a variety of resources including federal resume workshops, pre-retirement seminars, local employment workshops, free email and fax for job assistance and much more!

# *EDUCATION*



## **29 Palms School Liaison**

<http://www.marines.mil/unit/29palms/g5/sl/Pages/default.aspx>

## **USMC-MCCS**

<http://www.usmc-mccs.org/education/programs.cfm?sid=ml&smid=2>

## **29 Palms Base Education Center**

<http://www.mccs29palms.com/pages/mFamServices/education.html#edCenter>

Bldg. 1427 N  
760-830-6881  
760-830-7243 [Fax]  
Mon - Thurs: 7:30am - 5pm  
Fri: 7:30am - 4:30pm

Welcome to the 29 Palms Education Center. We provide a variety of education services and programs to Marines, Sailors and their family members.

Education counselors are available to help you with your education needs. Call or stop by the Education Center to speak with one of our counselors, or you can e-mail us with your questions.

Lifelong Learning Branch Head - [760] 830-4702  
Education Center Admin - [760] 830-6881  
Military Classification Testing - [760] 830-6085  
College Transition Programs - [760]830-4703

## **Job Corps**

<http://www.jobcorps.gov/Home.aspx>

Job Corps is a **free** education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible youth at least 16 years of age, Job Corps provides the all-around skills needed to succeed in a career and in life.



## Exceptional Family Member Program

<http://www.usmc-mccs.org/efmp/>

Bldg. 1551  
Phone: 760-830-7740  
Fax: 760-830-8997

Hours of Operation:  
Mon - Fri: 7:30am - 4:30pm  
Sat, Sun & Holidays: Closed

### **..Purpose of EFMP:.**

The primary purpose of the Marine Corps EFMP is to assess, document and code the special medical and educational needs of eligible Marine Corps family members. By identifying families with special needs and maximizing the provision of quality services needed, the quality of life provided to the Marine Corps family is enhanced while meeting the mission of the Marine Corps.

### **..What is the EFMP?..**

Enrollment in the Exceptional Family Member Program (EFMP) is mandatory for any Marine with a qualified family member. The aim of the program is to assist assignment monitors at Headquarters Marine Corps in assigning Marines to an area where their exceptional family member's special needs can be met.

It can take a family from 6 to 9 months to identify and access medical, special education, and other services in a new state. The EFMP Office can provide you with applicable information on the local and state levels. They can also help families coping with a new diagnosis understand, and learn the local, State and Federal programs and organizations that assist and support families with special needs.

Assistance is available to find resources and services that will meet the needs of the exceptional family member. A resource center with pamphlets, books and CD-ROMs on various disabilities and topics of interest is located in the Exceptional Family Member Program office.

The Exceptional Family Member Program acts as liaison with community, medical and educational services and provides advocacy support as needed.

Educational and awareness presentations are provided on various topics of interest to families with an Exceptional Family Member.

Training and information are provided to commands concerning the Exceptional Family Member Program, needs of Marines with an exceptional family member, and other educational topics as needed.

The Exceptional Family Member Program office develops and continually updates information as your family status changes.



## **29 Palms L.I.N.K.S.**

Bldg. 696 T Cottontail Rd

760-830-1696

Mon - Fri: 7:30am - 4:30pm

Sat, Sun & Holidays: Closed

<http://www.mccs29palms.com/pages/mFamServices/LINKS.html>

### ***L.I.N.K.S.***

L.I.N.K.S. is a volunteer, team-mentoring program, designed by Marine Corps spouses. The program offers an orientation to the Marine Corps lifestyle, helping spouses, Marines, children, teens, and parents/extended family members understand and adapt to the unique challenges military life often presents. It is recommended that spouses attend L.I.N.K.S. at each installation they move to.

L.I.N.K.S. provides information on:

- Marine Corps history, tradition and language
- Benefits and services
- Financial awareness
- Dealing with separation and deployments
- Tips on moving
- Effective communication

All Marines, spouses, children, teens, and parents of Marines are eligible to participate in L.I.N.K.S. Additionally, other service members and spouses serving with Marines, and Marine Corps civilian employees and spouses are eligible.

## ***LIFESKILLS TRAINING AND EDUCATION***

Bldg. 1551

The Village Center

760-830-3115

LifeSkills Training and Education offers various workshops in such areas as:  
**Conflict Management, 4 Lenses Temperament Discovery, 7 Habits of Highly Effective Military Families, Family Care Plans, and aging parents and elder care.**

## **Creating Successful Military Marriages and Families**



### **Prevention and Relationship Enhancement Program (PREP)**

Bldg. 1541 [Protestant Chapel]  
760-830-6464 760-830-1448 [Fax]  
Mon - Fri: 7:30am - 4:30pm

<http://www.mccs29palms.com/pages/mFamServices/PREP.html> (calendar for 29 Palms) \*

PREP is a skills training program established by Dr. Howard J. Markman of the University of Denver Center of Marital and Family Studies. It teaches married or engaged couples communication skills and ground rules for handling conflict and promoting intimacy. The program's aim is to prevent future marital problems including violence and divorce.

The PREP program covers many topics including problem solving, building fun and friendship in your relationship, how to handle issues in an effective way, sensual/sexual enhancement, steps in forgiveness, how to identify and handle expectations, how to raise concerns constructively, how to talk and listen about sensitive subjects and much more.

### **Chaplains Religious Enrichment Development Operation (CREDO)**

760-830-6464 [MCAGCC] 760-725-4954 [Camp Pendleton]  
CREDO is sponsored by the Commandant of the Marine Corps [CMC]

<http://www.cpp.usmc.mil/chaplain/credo.asp> Pendleton

<http://www.mccs29palms.com/pages/mFamServices/CREDO.html> 29 Palms

CREDO programs offer a variety of opportunities for personal and spiritual growth to assist Marines and their families in developing the resources necessary to excel in Marine Corps life.

Retreats include:

Marriage Enrichment Retreats

Personal Growth Retreats

Family Retreats

Warrior Resiliency Retreats

# F•O•C•U•S Resiliency Training for Military Families



When a Service Member deploys the entire family may experience changes in roles and duties. The remaining spouse has to take on new responsibilities. Children may have different reactions when separated from a caregiver. Many adapt well, but changes in behavior are normal and expectable. They often lack the words to express their feelings and experiences. Some throw tantrums and act out, while others may hold their feelings in and become sad and withdrawn. FOCUS helps families plan ahead for these challenges by developing a personalized toolbox of skills specifically designed to meet their needs.

MANAGING FEELINGS • SETTING GOALS • COMMUNICATING • PROBLEM SOLVING • HANDLING STRESS

FOCUS Individual Family Resiliency Training sessions allow families to build their own story about military life experiences. This helps families to:

- Identify, manage, and discuss emotions
- Clarify misunderstandings and respect individual points of view
- Build on family strengths
- Feel closer and more supportive
- Use family-level problem solving and goal setting to empower the entire family

To stay safe during deployment, a Service Member would never head off without months of specialized training. To remain strong and healthy during deployment, the Service Member's family also needs training and preparation. FOCUS helps families to be prepared.

**Contact FOCUS today for more information at:**

## FOCUS Twentynine Palms

Marine Corps Air Ground Combat Center

Village Center, Box 788150  
Building 1551, Rooms 29 B&C and 32  
Twentynine Palms, CA 92278

P 760.830.3818

F 760.830.8330

E [twentyninepalms@focusproject.org](mailto:twentyninepalms@focusproject.org)



[www.focusproject.org](http://www.focusproject.org)

Revised: August 18, 2010

# Financial Planning and Budgeting

Personal Financial Management Counselor

**760.830.4262**

Village Center (Bldg 1551) 5<sup>th</sup> St.

**Classes and one-on-one sessions provided education on:**

Saving & Investing  
Car & Home Buying  
Credit Reports & Applying for Credit,  
Developing a Budget,  
Interest Rates/APR's  
Debt Reduction/Elimination, Saving



Recommended items to bring:

1. Current LES/ paystubs
2. List of monthly expenses to include the interest rates & payoff balances of any outstanding debt.
3. Copy of your credit report (we recommend [www.annualcreditreport.com](http://www.annualcreditreport.com)). You are allowed 1 free credit report from each of the 3 National Credit Reporting Agencies (Trans Union, Equifax, & Experian) every 12 months.

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**EMERGENCY FINANCIAL ASSISTANCE:** NMCRS after hours 1.877.272.7337

**NMCRS Twentynine Palms**

Navy-Marine Corps Relief Society  
MCAGCC  
Box 6041, Bldg. 1551  
Twentynine Palms, CA 92278-0018  
<http://www.nmcrs.org>

Hours: Mon-Fri 0830-1600  
Phone: (760) 830-6323  
DSN: 230-6323  
Fax: (760) 830-7189  
DSN Fax: 230-7189

NCMRS 29 Palms provides financial assistance to eligible recipients in the form of:

- Budget Counseling Services
- Interest-free loans and grants to meet emergency needs
- Infant Layettes (junior seabags)
- Budget for Baby classes
- Thrift Shop
- Visiting Nurse Services

**Emergency Numbers  
HQBN Duty 760.830.6806**



**How to send an EMERGENCY MESSAGE:** <http://www.redcross.org/>

Active Duty service members and their immediate family members may call the Red Cross for help 7 days 24 hours 365 days a year.

Base Red Cross - 760.830.6685 after hours – 1.877.272.7337

Please have the following information before you call:

- Full Name -Rank -Branch of Service -Social Security Number -Military/Home Address
- Information about the Unit; deployed or home

**Emergency Numbers on base / 29 Palms**

**CELLULAR PHONES Voice / Over Internet Protocol (VOIP) phones (like Vonage)  
DIAL (760) 830-3333.**

If you dial 9-1-1 on your cellular phone you will be connected to the California Highway Patrol who will transfer your call to our dispatcher. This is not the fastest method; however you will still reach our dispatcher.

**FIRE - POLICE – MEDICAL 9-1-1**

**is the emergency number used throughout MCAGCC for reporting emergencies requiring Fire, Police or Medical assistance.**

In the event of a 9-1-1 systems failure or malfunction, the following is our alternate emergency number that will directly connect you to our emergency 9-1-1 dispatcher.

**(760) 830-3333 or (760) 830-FIRE (3473)**

**801 military housing residents and off base residents, DIAL 9-1-1 in the event of an emergency and you will be connected to the San Bernardino County Sheriff's Dispatcher who will transfer your call to the appropriate emergency services agency.**

**Yucca Valley**

Dispatch (760) 365-2364  
Admin (760) 366-4175  
Fire (760) 365-3335

**Joshua Tree**

Police (760) 367-9546  
(760) 366-4175  
Fire (760) 228-2160

Emergency 9-1-1

***24/7 counseling or suicide prevention  
You are never without help***

**Online Chat 24/7**

[www.TriWest.com/OnlineCare](http://www.TriWest.com/OnlineCare)  
[http://www.mentalhealth.va.gov/suicide\\_prevention](http://www.mentalhealth.va.gov/suicide_prevention)  
[www.militaryonesource.com](http://www.militaryonesource.com)

**Phone 24/7**

National Suicide Hotline  
1.800.273.TALK (8255)

militaryonesource  
1-800-342-9647  
(can give referrals for out in town services)

**Daytime/Working Hours**

Chaplain Butler, HQBN  
760.830.4571

Marine Corps Community  
Service (MCCS)/Counseling  
Services  
760.830.6345

Triwest  
1-866-284-3743

DSTRESS  
877-476-7734

911

*ALL PHONE NUMBERS START WITH 760.830.XXXX*

**HQBN DUTY – X6806**

|                       |                    |
|-----------------------|--------------------|
| <b>CO</b>             | <b>-X7493</b>      |
| <b>XO</b>             | <b>-X7083</b>      |
| <b>SGT MAJOR</b>      | <b>-X6330</b>      |
| <b>ADJ</b>            | <b>-X7084</b>      |
| <b>UPFR OFFICER</b>   | <b>-X3511</b>      |
| <b>S1</b>             | <b>-X5031/1090</b> |
| <b>S3</b>             | <b>-X7087/8685</b> |
| <b>S4</b>             | <b>-X7394</b>      |
| <b>SAPO</b>           | <b>-X1116</b>      |
| <b>CHAPLAIN</b>       | <b>-X4571</b>      |
| <b>CAREER PLANNER</b> | <b>-X7242</b>      |
| <b>BATTALION FAX</b>  | <b>-X1153</b>      |

**ALPHA COMPANY  
STAFF**

|                                   |                |
|-----------------------------------|----------------|
| <b>COMPANY CO</b>                 | <b>- X6490</b> |
| <b>COMPANY 1<sup>ST</sup> SGT</b> | <b>- X6294</b> |
| <b>COMPANY GYSGT</b>              | <b>- X5418</b> |
| <b>CLERKS</b>                     | <b>- X7294</b> |

**BRAVO COMPANY  
STAFF**

|                                   |                |
|-----------------------------------|----------------|
| <b>COMPANY CO</b>                 | <b>- X5413</b> |
| <b>COMPANY 1<sup>ST</sup> SGT</b> | <b>- X6571</b> |
| <b>COMPANY GYSGT</b>              | <b>- X4475</b> |
| <b>CLERKS</b>                     | <b>- X4475</b> |

## IMPORTANT NUMBERS ON BASE:

Emergency: 911 from cell phone: (830-3333)  
American Red Cross: 830-6685  
American Red Cross Emergency After Hours: 1-877-272-7337  
Armed Services YMCA: 830-7481  
Base Automated Operator: 830-6000  
Base Locator: 830-7441  
Commissary: 830-7572  
Career Resource Center: 830-7225  
CYTP (Child care): 830-3227  
Counseling Services: 830-6345  
Duty Chaplain: Please call the Unit Duty 760.830.6806  
DEERS (ID CARDS): 830-7326/5365  
DEERS HOTLINE: 1-800-334-4162  
EFMP (Exceptional Family Member Program): 830-7740  
Family Advocacy Program: 830-6345  
Hospital Information: 830-2190  
Central Appointments: 830-2752  
Hospital Emergency Dept.: 830-2354  
TRIWEST Service Center: 1-888-874-9378  
Base Housing: 801 Housing 830-6611  
Housing Office: Lincoln Military Housing: 1-760-368-4500  
Housing Maintenance and Service Requests: 1-888-578-4141  
Information & Referral: 830-6344/ 1-877-727-5300  
IPAC: 830-1818  
Legal Assistance: 830-6111  
Main Gate: 830-5284  
MCFTB (Marine Corps Family Team Building): 830-4163  
MCX (MARINE CORPS EXCHANGE) 830-6163  
Navy Marine Corps Relief Society: 830-6323  
New Parent Support Program: 830-7622  
Personal Financial Management: 830-7342  
Poison Control: 1-800-876-4766  
PMO: 830-6800  
Public Affairs Office: 830-6213  
Religious Ministries: 830-6304  
Military One Source: 1-800-342-9647  
Relocation Assistance: 830-4028/6540  
Suicide Hotline: 1-800-479-3339  
Taxes: 830-4829  
TLF (Temporary Lodging Facility): 830-6573  
TMO (Traffic Management Office): 830-6119  
United Concordia Dental: 1-800-866-8499  
Vehicle Registration Office: 830-5449

<http://www.mccs29palms.com/pages/footer/directory.html>

## Helpful Web Links for A Successful Military Lifestyle

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<http://www.militaryonesource.com>  
<http://www.usmc-mccs.org>

### United States Marine Corps:

<http://www.usmc.mil>  
<http://www.marines.mil/Pages/Default.aspx>  
<http://www.defenselink.mil/>  
<http://www.marinecorps.com/News>

### Marine Forces Reserve:

[www.marforres.usmc.mil](http://www.marforres.usmc.mil)

### Command Web Sites:

<http://www.29palms.usmc.mil/base/hqbn/>  
<http://www.mciwest.usmc.mil/>  
<http://www.facebook.com/pages/Headquarters-Battalion-Twenty-nine-Palms/227518190616271>

### Marine Corps Community Services – MCCS:

<http://www.usmc-mccs.org/> (HQMC)  
<http://www.mccs29palms.com/> (Local)

### Medical:

**TRICARE**  
<http://www.tricare.osd.mil>  
Bush Naval Hospital 29 Palms  
<http://www.med.navy.mil/sites/nhttp/Pages/default.aspx>

### Active Duty/Veteran:

[www.va.gov](http://www.va.gov)  
<http://www.military.com/benefits>

### Deployment Connections (DOD)

[www.militaryonesource.com](http://www.militaryonesource.com)  
<http://www.usmc-mccs.org/deploy/?sid=fl>  
<http://www.deploymentconnections.org>

**Support:**

**Military Home Front**

[http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF\\_HOMEPAGE](http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOMEPAGE)

**SPOUSE**

<http://www.military.com/spouse>

<http://www.marinewives.com/>

**National Military Family Association (NMFA)**

<http://nmfa.convio.net>

**Operation Home Front**

<http://www.operationhomefront.net/>

**Life Lines Services Network**

<http://www.lifelines.navy.mil>

**Parents of Marines**

<http://www.marineparents.com/>

<http://www.militarymoms.net/>

**Parenting/Child Related Sites:**

[www.militaryonesource.com](http://www.militaryonesource.com)

<http://www.militarychild.org/>

<http://www.militarystudent.org/>

<http://www.nmfa.org>

<http://www.marines.mil/unit/29palms/g5/sl/Pages/default.aspx> (school liaison)

**Finance:**

**OneSource:**

[www.militaryonesource.com](http://www.militaryonesource.com)

**Military Pay**

<http://www.dfas.mil/>

<http://www.dfas.mil/militarypay.html>

**29 Palms**

<http://www.mccs29palms.com/pages/mFamServices/personalReadinessCommSupp.html#fina>

**Consumer Protection Agencies:**

<http://www.consumer.gov/>

<http://www.ftc.gov/>

**Credit Reporting Agencies:**

<http://www.experian.com/>

<http://www.transunion.com/>

<http://www.equifax.com/home/>

**Credit Counseling Services:**

<http://www.nfcc.org/>

<http://myvesta.org/>

**Identity Theft**

<http://www.privacyrights.org/>

<http://www.idtheftcenter.com/>