



Combat Logistics Regiment 2 News

Winter 2011

Watch for these events in the
near future!!

- February: Cheers, Tears and fears. We hope to have spouses from all Battalions participate in an informal forum discussing deployment stages for spouses and families. Date TBD.
- March: Movie Night—email with a children's title that you would like to see.
- April: Easter Egg Hunt Date TBD
- May: Jayne Wayne Day



"2011 Semper Fit Grand Prix Series

Prove yourself with the Ultimate Fitness Challenge! The Semper Fit Grand Prix Series offers a variety of events and a unique opportunity for individuals of all backgrounds and abilities to test their physical fitness, mental preparedness, and athletic skills. The series for 2011 will include events at Marine Corps Base, Camp Lejeune, Marine Corps Air Station, Cherry Point, and several local events where participants can earn Grand Prix points. Points earned at those races will count toward total Grand Prix points. Events are open to the public.

Upcoming Runs:

19 Feb [Marine Combat Training Battalion 5K Challenge, Camp Devil Dog Semper Fit Grand Prix](#)

26 Mar Cherry Point Half Marathon, Cherry Point

CO

I trust that all of you enjoyed your holidays with your service member, and I hope that the time you spent together was well spent. At the end of December, the Non-Commissioned Officers (NCOs) in CLR-2 conducted a Professional Military Education (PME) event where they went for a run and then had a discussion panel to discuss leadership. Sergeant Major Chaplick had the opportunity to talk with our Marines and discuss issues they face daily. The PME provided some good discussion and learning points.

The Marines and Sailors of CLR-2 have filled many positions in support of Operation Enduring Freedom. Col Escalante was selected to deploy with II MEF Forward for twelve months, filling the G9 position. Once he returns, he will resume his command of CLR-2. There has been a lot of movement of personnel, filling vacancies in CLB-8 and other external units, and they have been performing very well. We just sent off CLB-8 to Afghanistan, and we are currently working with CLB-6 to bring them through their training to be ready to deploy this fall. CLB-2 is currently finishing up their mission and turning over with CLB-8 and will return this month.

There will be a lot of turnover here at the regiment this summer with Marines and Sailors moving to new duty stations or beginning a new life apart from the Marine Corps. We will continue to support exercises and operations in support of our mission. As your service member mentions how personnel are shifted around, understand that we are trying to set the Regiment up to have the right people in the right billets to fill requirements throughout the year. Our goal is to have the Regiment continue to support our mission and have requirements identified and filled with the right personnel.

We greatly appreciate your support of your service members. It means a lot to the service member and this unit to be combat ready at all times. Combat readiness is more than just the medical and dental, it includes taking care of issues at home. Your support allows the service member to be focused on the mission and enables the unit to succeed in combat and garrison environments. Thank you for your support.

Very Respectfully,

LtCol Clarke

FIND OUT ABOUT CAMP LEJEUNE AND CLR 2 EVENTS AND ACTIVITIES ON OUR GOOGLE CALENDAR AT:

<http://www.mccslejeune.com/fro/clr2.html>

I hope this Newsletter finds everyone in good health and spirits. Over the last few months, the Master Sergeant/First Sergeant promotion board has been in session. I am proud to say that the CLR did extremely well. I would like to congratulate GySgt Goodreau and GySgt Kretschmer on their selection to First Sergeant and GySgt Black, GySgt Constant and GySgt Sego on their selection to Master Sergeant. I am proud of their efforts and wish them continued success in the future.

Last month we said farewell to our Regimental SgtMaj, SgtMaj Craig Chaplick. We wish him and his family the best of luck in Kansas City. With SgtMaj Chaplick's departure we are awaiting the arrival of our new Regimental SgtMaj, SgtMaj Paul Berry. SgtMaj Berry will be joining us in March after he turns over Recruiting Station Raleigh.

I know that as we start the New Year each and every Marine and Sailor is going to make a sacrifice, and the sacrifices made by our families here in the CLR are heartfelt. Our families are a vital part of our support network and the reason we are successful. To each of you as family members, I want to thank you for your dedication, your sacrifices and your continued support.

1stSgt Christopher Combs

What Can You Do?

There are many countries and organizations that would like to harm Americans and degrade our influence in the world. It's possible, and not unprecedented, for spouses and family members of U.S. military personnel to be targeted for intelligence collection. This is true in the United States and especially true overseas! What can you do?

"OPSEC is a vital element in protecting the Army's soldiers and missions, and I want to stress how vital a role every member of the team plays in ensuring that we deny our adversaries potentially useful information."

"Whether we are on duty or off duty, we cannot afford to let our guard down. Your diligence in OPSEC is key to ensuring our effectiveness in operations and our collective safety. Together, we will succeed."

Maj. Gen. Keith B. Alexander
Commanding General
U.S. Army Intelligence and
Security Command

Be Alert

Foreign governments and organizations collect significant amounts of useful information by using spies. A foreign agent may use a variety of approaches to befriend someone and get sensitive information. This sensitive information can be critical to the success of a terrorist or spy, and consequently deadly to Americans.



Thank You

Thank you for taking the time to read this guide. Our goal is to provide you with a greater understanding of the Army's security concerns. The information in this guide is not intended to frighten you or make you suspicious that everyone you meet is a secret agent or terrorist. But stay alert—if a stranger shows excessive interest in the affairs of your family members, military or not, notify the authorities.

Be Careful

There may be times when your spouse cannot talk about the specifics of his or her job. It's very important to conceal and protect certain information such as flight schedules, ship movements, temporary duty (TDY) locations, and installation activities, for example. Something as simple as a phone discussion about where your spouse is deploying, or going TDY, can be very useful to our enemies.

**OPSEC
OPERATIONS SECURITY**



**A Guide For
Family
and Friends**

Presented by

1st Information Operations
Command (Land),
Vulnerability Assessment
Division,
OPSEC Section



What Is OPSEC?

Operations Security, or OPSEC, is keeping potential adversaries from discovering our critical information. As the name suggests, it protects our operations—planned, in progress, and those completed. Success depends on secrecy and surprise, so the military can accomplish the mission faster and with less risk. Our adversaries want our information, and they don't concentrate on only soldiers to get it. They want you, the family member.



**You Are A Vital Player
In Our Success!**

As a family member of our military community, you are a vital player in our success, and we couldn't do our job without your support. You may not know it, but you also play a crucial role in ensuring your loved one's safety. You can protect your family and friends by protecting what you know of the military's day-to-day operations. That's OPSEC.



**Protecting Critical
Information**

Even though information may not be secret, it can be what we call "critical information." Critical information deals with specific facts about military intentions, capabilities, operations or activities. If an adversary knew this detailed information, our mission accomplishment and personnel safety could be jeopardized. It must be protected to ensure an adversary doesn't gain a significant advantage.

By being a member of the military family, you will often know some bits of critical information. Do not discuss them outside of your immediate family and especially not over the telephone.

**Examples Of Critical
Information**

- Detailed information about the mission of assigned units.
- Details on locations and times of unit deployments.
- Personnel transactions that occur in large numbers (Example: pay information, powers of attorney, wills, deployment information).
- References to trends in unit morale or personnel problems.
- Details concerning security procedures.

Puzzle Pieces

These bits of information may seem insignificant. However, to a trained adversary, they are small pieces of a puzzle that highlight what we're doing and planning. Remember, the elements of security and surprise are vital to the accomplishment of our goals and our collective personnel protection.

- Where and how you discuss this information is just as important as with whom you discuss it. Adversary agents tasked with collecting information frequently visit some of the same stores, clubs, recreational areas, or places of worship as you do.
- Determined individuals can easily collect data from cordless and cellular phones, and even baby monitors, using inexpensive receivers available from local electronics stores.
- If anyone, especially a foreign national, persistently seeks information, notify your military sponsor immediately. He or she will notify the unit OPSEC program manager.

OPSEC IS A FAMILY AFFAIR

All Family Members Are Part Of The Army's OPSEC Team. They Need To Protect Information To Ensure The Safety Of All Our Soldiers, Civilians, And Army Families.

DISCUSS OPSEC WITH YOUR FAMILY

A Spouse's Perspective

Happy 2011 to all our CLR-2 families! My name is Missy Escalante, and my husband was... wasn't... and will be again the Commanding Officer of CLR-2. Confused yet? Well, SO AM !!

In the past few months my husband has handed over the Regiment to our Executive Officer (XO), LtCol Clarke, as he heads out on a 12 month deployment with the IIMEF. I believe this story is not a new one to many of you out there. Your spouse has probably checked into a Battalion or Regiment for a few months and then is transferred to another Battalion or Regiment to deploy. CLR 2 operates this way to a great extent. All three Battalions in the Regiment deploy on a constant basis. When one comes home another takes its place. Sound familiar to any of you? My question is: who do we look to for support and information, and to which unit do we belong?

The good news is there is an easy answer to this dilemma. You belong to both... your Marine/Sailor's parent Command unit AND the one he/she deploys with. All it takes is giving your contact information to the Family Readiness Officer (FRO) at your original unit and then making sure deploying unit's FRO also has it. That way you can receive information about what is happening at home and information concerning the deployment. It is a **great** opportunity to double-team our family readiness program and to have twice the support. The more information you receive about your unit, base and community events the more active you can become. As a Marine spouse for over 20 years, I can tell you that becoming involved at each duty station helped immensely when I found myself alone during deployments. Friends I made in California 10 years ago are now here at Camp Lejeune, and I know I can count on them for support and friendship as my Marine leaves for a year.

So, my advice to everyone is to get your information out to all the FRO's that apply in your unique situation. **Read all** the information that they send out and attend as many events as possible... especially those pre-deployment briefs and all those events designed to help you through all those months during the deployment. Whether it is with CLR-2, CLB 8, CLB 6, 2d Maintenance Battalion, 2dMLG Forward or IIMEF Forward, maybe I'll see you there!!!

Missy Escalante

Family Readiness Officer-

Greetings All!

Even though January has come and nearly gone, I want to wish all of you a Happy New Year. I hope all had wonderful holidays and are ready for the new year and all the changes that are taking place! We have so many Marines and Sailors deploying and quite a few coming on board, it is fun each day to come to work and just try to keep up with the pace.

Col Escalante has gone temporarily to IIMEF Forward to deploy for 12 months. LtCol Clarke is working as both the CO and XO now until he departs early this summer. SgtMaj Chaplick has moved back to Kansas City. 1stSgt Combs was selected for SgtMaj and is standing in as the Regimental SgtMaj until SgtMaj Berry arrives in March. Add to that the number of Marines and Sailors we have had move to CLB 8 and CLB 6 to deploy, and you can see how the Regiment is a flurry of activity these days.

This month I want to emphasize the importance of your Marines and Sailors updating their contact information in Marine on Line (MOL). At the end of January we will lose the Mass Communication Tool due to budget constraints within HQMC. MOL will be the tool I use to communicate messages from the CO and myself from that point on. Your Marine is familiar with MOL and has been instructed to enter his contact info and his family's into the Family Readiness Module of MOL. The only method in MOL to broadcast a message at this time is through email. There are plans to add phone and text capabilities, but there is no definite timeline for those efforts.

If you want to continue to receive information about your Marine/Sailor's unit, please encourage him/her to add you as a contact to his MOL account in the Family Readiness module. You **must** have an email address for him/her to do so. Receiving this email does NOT guarantee that you are in his/her MOL contact list. Lastly, I can not add your information to the system. It is entirely the Marine's/Sailor's responsibility to do so. If he/she does not add you, then you will NOT receive information the Family Readiness Officer sends through the MOL system. We expect some transition pains as we wait for the MOL system to reach the capabilities that we have had in MCT, especially the ability to make phone calls and send text messages. I ask again that you please encourage your Marine/Sailor to update all contact information in MOL and ensure you are added in the Family Readiness Module. With so many of our Marines and Sailors deploying with different units this is crucial for the seamless flow of information from one unit to the next, so that families receive good information from the proper sources. There are instructions attached on the last page of the newsletter.

I have also included in this newsletter a piece from Mrs. Escalante. She discusses what can you expect, who do you belong to, etc. **Please remember that as your Marines and Sailors attach temporarily to another unit to deploy, you are still a big part of the CLR 2 family. I will keep you in our folds to stay current on what your "parent" unit is up to while your loved one is away.** You will receive deployment information from the Family Readiness Officer (FRO) of the deploying unit. If you don't know who that is, please see the list of FRO's at the end of the newsletter for their names and contact info.

Thank you.

V/r,

Tracie Newman
Family Readiness Officer
Combat Logistics Regiment 2
2D Marine Logistics Group (W) 910-450-6660 (BB) 910-382-9264

CLR 2 Family Readiness Staff

Tracie Newman	Family Readiness Officer (FRO)	Tracie.newman@usmc.mil	910-450-6660 910-382-9264
Missy Escalante	FR Advisor		
Tara ODonohue	FR Advisor/assistant FR Asst/Advisor:		
Michelle Silva	GSMT		
Twyla Clarke	FR Asst		
Lizzy Bartfield	FR Asst		

CLR 2 One Day Marriage Retreat 25 February.
To register email request to:
Enns.paul@usmc.mil

Chaplain

Let me first begin by offering a Happy New Year to all of you in the CLR-2 family! I hope this year will bring you peace and fulfillment as you continue to serve our great nation.

Since the holidays are now past and we are all re-balancing our checkbooks, I thought I'd take a minute to update you all on a financial program that we run through the chaplain's office here at CLR-2. It's called "Financial Peace University," and it is a program that has been developed by Dave Ramsey, a nationally syndicated radio host and author of *The Total Money Makeover*, which was on the New York Times bestseller list for more than 140 weeks.

Financial Peace University helps our Marines and Sailors develop a philosophy about money, debt, saving, and giving which in turn gives them a foundation for making good decisions with money – decisions that not only can change the shape of their future, but have the potential to change their entire "family tree." Most of our biggest challenges with money exist because we simply don't have a philosophy or a plan – and that's when other people and organizations will take our money from us, with our help.

In Financial Peace University we have also have practical sessions on Budgeting, Cash Flow Planning, Dumping Debt, Dealing with Creditors, Seeing through Predatory Marketing, Investing, Real Estate and Mortgages, and more. Spouses are also welcome to attend – our classes are held during lunchtime, and everyone is welcome. For those of you who aren't able to make it, here is a list of "baby steps" that you can use to begin winning with money:

- Start a basic "emergency fund" of \$750-1,000. Having an emergency fund will keep you from going into debt (or further debt) when situations arise that you didn't expect. Oh, and by the way, situations always arise that we didn't expect.
- Make a budget – even a very simple one. *Have a conversation in your house* about how you spend money, and negotiate the way each person in the house will spend. Families who don't do this will always spend far more each month, often on "impulse buys."
- In your budget, put some money aside for eliminating your debt – then make a plan to pay off your higher interest loans first.
- Once you are free from debt (or free besides your mortgage), build a bigger emergency fund, aiming for about 1/3 of your basic pay for one year. You never know when your situation will change and you might find yourself without income for a while.
- After eliminating your debt and funding your Emergency Fund, start investing for the future! The Thrift Savings Plan (TSP - available through mypay) is a great way to save, because it uses pre-taxed dollars, letting your interest grow tax-free. Invest up to 15% of your take-home pay. Dave Ramsey suggests that you put 60% of your TSP investments in the C Fund, 20% in the S Fund, and 20% in the I Fund.
- Always be ready to give some of your money away to people who need it. Although that might sound counter-productive to some of you who are struggling with money, giving is a part of a healthy financial plan, and helps us keep the right frame of mind with our money. If that's enough to convince you, the richest people in America – especially the "self-made" millionaires – have almost always made their way to the top while stopping to give generously, as much as they can afford it.

God bless you all, and let me know if I can ever help you in any way,

Chaps

Lt David Alexander
Chaplain CLR 2
(910) 545-6136

Don't forget the Combat Logistics Regiment 2 Family Readiness Face Book Page at:

<http://www.facebook.com/pages/Combat-Logistics-Regiment-2-Family-Readiness/131811680179636?v=photos#!/pages/Combat-Logistics-Regiment-2-Family-Readiness/131811680179636?v=wall>

HQCO

Heading into the New Year the Headquarters Company has hit the ground running. Within the past few weeks many changes within the company have been ongoing. Following are a few highlights and happenings of this New Year already.

Congratulations to 1stSgt Combs on being selected to Sergeant Major. The Headquarters Company Commander, Capt Jarr is currently TAD with Marines from the Regiment in support of Combat Logistic Battalion 6, overseeing the rigorous pre-deployment training that these Marines endure during their work ups.

Congratulations to Lieutenant Commander Green from the Regimental Aid Station with his new promotion. Congratulations are also in order to Petty Officer Third Class Sutherland on being Meritoriously Promoted to Petty Officer Second Class. He has since has moved on to working at Naval Hospital Camp Lejeune in the Emergency Room.

All is well with the New Year, we welcome many new Marines on board and into the CLR-2 Family and with this we also have bid farewell to Marines and Sailors. We have said farewell to GySgt Bigley, GySgt Scott and SgtMaj Chaplick. With the fast pace of the Marine Corps and our operational commitment to support our subordinate Battalions in their revolving cycle of deployments to Afghanistan, we at the Headquarters Company will continue to assist by all means and continue the fight.



Lt taking the oath.



LCDR's son pinning on the oak leaf



1stSgt promoting Doc to HM 2

S6 Comm

From the Comm Chief-

Since arriving in mid-August I have spent every day working to improve the posture and reputation of the Communications Platoon. Not forgotten in that is my responsibility to my Marines as well as their families. My first priority was to assess the status of the platoon, create and then publish my plan for improvements and then to carry out my plan of action in the safest, most aggressive manner. Well I can tell you that your Marines have not disappointed me in their proficiency and professionalism. They have met every challenge that I have issued and from their steadfast determination we have improved by leaps and bounds, as a team. There are no individual accomplishments. We are improving something daily, whether it be big or small and as long as we are able to maintain that attitude and build upon it I only see things improving here in the Comm Shop.

With that, I have to confess that there is one area that I am unsure of our successes, and that is whether or not information is making it home to the families. It is imperative for our families to feel that they are an intrical part of our day to day functions and successes. I have been doing this long enough to know that our home life affects our work life and if "mama ain't happy then nobody's happy"... Marines get a ton of information passed to them every day and by the time they get home from work they don't want to talk about work, so the spouse gets left out of the circle of information and therefore feels like they are in the dark. I am looking at a few different ways of remedying that, but for right now the fastest way for me to address this is to have my input added to the Command Newsletter. I want the families to know that I (as well as my individual Section Chiefs and the Platoon Sergeant) are here to assist the families in any way that we can, especially the families of Marines who are currently deployed.

Our Family Readiness Officer (FRO) Mrs. Tracie Newman works tirelessly to make sure that everyone gets as much information as she can pass, via e-mails, texts, FaceBook, etc... but sometimes there may be one or two people that don't get notified and that is one or two people too many. Every Marine should have their spouse or parent(s) listed in the FRO module of their Marine On Line (MOL) profile, as ordered by our Commanding Officer to help remedy this problem also. We simply have to do better and you have my word that we will. Feel free to contact me directly, as well as any of the S-6 Section Chiefs or Platoon Sergeant. All of our numbers (home and cell) as well as individual billets (to help you identify the right person to call) are listed on our internal recall roster that EVERY Marine in the S-6 should have a copy of.

If you need to contact me please call Tracie for my contact info.

Semper Fidelis,

MSgt Brent L. Dorrrough

GSMT

Field Exercise 18 Jan-20Jan

General Support Motor Transport Company conducted a Field Training exercise in January. During this exercise GSMT conducted two day convoys and two night convoys. During these convoys GSMT conducted resupply missions. In between the convoy training, GSMT conducted classes covering Night Vision capabilities, Crew Serve Weapons, Communications equipment, as well as refueling equipment familiarization training. The field took place in the vicinity of Camp Davis north. This is the first time GSMT has gone into the field since the Summer of 2010.

Congratulations to Cpl Soppe who was promoted to Sgt and LCpl Macy and SSgt Siburt who re-enlisted

Purple Heart to be Awarded

A native of Warrenton, Virginia, Lance Corporal John Morisi is to be awarded the Purple Heart in February. At the age of 21, LCpl Morisi joined the Marine Corps and graduated Paris Island, SC Third Battalion Lima Company, Platoon 3028 on April 10, 2008. After Marine Combat Training, LCpl Morisi received the Military Occupational Skill of 3500 and obtained training at Ft. Leonard Wood, Missouri. He received the primary MOS of 3531, Motor Vehicle Operator. While at Ft. Leonard Wood, he achieved the rank of PFC and gained a secondary license as a 3533, Logistics Vehicle System Operator. Since hitting the fleet, LCpl Morisi has attended four field operations with CLB-2; twice attended Rolling Thunder; attended machine gunners course; BSTS; Mojave Viper and received two letters of appreciation. On February 1, 2010 he was promoted to the rank of Lance Corporal.

On 18 July 2010, LCpl Morisi deployed with CLB 2 to Afghanistan. In the Helmand Providence, he received wounds from an improvised explosive device on October 20, 2010. At his side were two Sergeants and a fellow Lance Corporal whom also received injury from the IEDs. While in Afghanistan, LCpl Morisi was hit by four IED's. During his deployment he spotted numerous roadside bombs preventing countless injuries. LCpl Morisi plans to continue his career in the Marine Corps, and he hopes to deploy again.



GSMT SSgt re-enlists



Sgt re-enlists



1stSgt reads Purple Heart citation



GySgt K pins on 1stSgt



Chief of Staff pins on the Purple heart



LtCol addresses CLR 2 before the 96

FEBRUARY CALENDAR OF EVENTS

- 1st—2d Family Readiness Volunteer Training
- 2nd "Beyond the Brief" Week 1
- 3rd Active Parenting for Step Families-wk 1
- 3rd LINKS Spouse's Workshop
- 3rd Return & Reunion Workshop
- 3rd-4th "Before I Do" Workshop
- 4th-6th Marriage Enrichment II Retreat
- 5th LINKS Teens (13 & up) Workshop
- 7th Family Thrival
- 8th-10th Marriage Enrichment (PREP)
- 8TH Family Readiness Volunteer Training
- 9th "Beyond the Brief" Week 2
- 9th Volunteer Tracking Tool Training
- 10th LINKS Lunchbox Brief
- 10th Active Parenting for Step Families-Wk 2
- 10th Family Readiness Officer Training
- 11th LINKS Passport Workshop
- 11th-13th Marriage Enrichment Retreat
- 14th-15th Technology Tool Training
- 15th 7 Habits for Military Families
- 15th & 17th LINKS Mentor Training
- 16th Command Team/Member Training
- 16th "Beyond the Brief" Week 3
- 17th Active Parenting for Step Families-week 3
- 17th Kids-N-Reunion Workshop
- 17th-18th "Before I Do" Workshop
- 20th-21st "Before I Do" Workshop
- 22ND-23RD Family Readiness Volunteer Training
- 22nd-23rd LINKS Spouse's Workshop
- 23rd Four Lenses
- 23rd "Beyond the Brief" Week 4
- 24th Active Parenting for Step Families week 4
- 24th-25th "Before I Do" Workshop
- 26th LINKS Spouse's Workshop
- 26th Family Readiness Volunteer Training

In the Midst Workshop

"Do you need to relax, and allow the stress to melt away from your life? Would you like to have a fun and enjoyable time just taking care of yourself?" Consider signing up for one of our "In the Midst" Workshops. Each workshop focuses on helping you have fun, interactive and educational. It's a great way to connect with others. If your Unit has not sponsored its own workshop, or if you missed your unit's workshop, please call to register for one of the generalized workshops. 451-0176

LINKS Spouses

Happy 2011! What's exciting this month: our Passport Workshop. This workshop is for those who participated in LINKS previously and have relocated to Camp Lejeune. The workshop is 11 January 0900-1300. If you know anyone, please pass this along! To register please call, 451-1299

LINKS Kids/Tweens/Teens

Begin 2011 with a LINKS workshop to start. We'll have fun. It will be off the chart! The first LINKS for Kids & Tweens is January 8th. Come one come all and don't be late. 6:30 at the LINKS house is where you should be, for a good time and of course it's FREE! We can't wait to see you and a friend, call 451-1299 and let the party begin!!!!

Chaplain's Religious Education Development Operation

In January, CREDO has two specialized programs to assist Marines and Sailors to maximize their war fighter and family readiness potential. The Family Resiliency Weekend on 07-09 January and Warrior Resiliency and Personal Growth Event on 19-21 January. Both events require registration and space is limited! Call 450-1668 for more information or to register.

Parenting Education Workshop

A very helpful workshop being offered in January is "Cooperative Parenting & Divorce." The workshop is designed to build resiliency in families and to help the children cope as mommy and daddy go different directions. MCFTB teams up with PEERS Program to present this workshop. To sign-up call 451-0176.

Directions for entering Family Readiness Contacts into MOL

1. Marine should log on to MOL
2. Click on the Personal Info Tab
3. Go to the second section and click on the "Family Readiness Link" and click on New Contact.
4. If the Marine/Sailor is married to a civilian spouse this info will already be there. The Marine/Sailor will need to add an email address if there isn't one present. If the spouse is an AD service member they will need to add that spouse as a contact. This info is auto fed from the RED.
5. Click on new contact to add other friends and family members.
6. A service member may add up to 4 contacts. Complete all fields with asterisks (*). Please be aware that for MOL to accept the contact there must be at least 1 email address for each contact. There also MUST be a zip code.
7. When entering contacts is complete, click on system settings. On this page the Service member will enter his/her own email addresses (personal and/or work) and then click all boxes which apply. If the first box labeled "send email" is not clicked, the Marine will not receive info from the FRO.*

*Click on System Settings

You will see:

Send Email

Work Email (your work email should show up here.)

None

Alt Email (put your home email here)

Check boxes as above
Submit and confirm.

If these directions are unclear, Marine/Sailor may come to the FRO's office for assistance.

Deployment Unit FRO's

Mrs. Mary Mathews	CLB 6	910-450-8400
Mr. Henry Drake	CLB 8	910-450-6301
Mr. Gary Scalzo	2d Maintenance Bn	910-451-2682
Mr Larry Johns	CLB 26	910-450-6473
Mrs. Darlene Kern	CLB 22	910-451-9303
Mr. Jose Padilla	2dMLG Forward	910-451-1284
Mr. Scott Brunt	IIMHG	910-451-3224
Mr. Jay Reynolds	IIMEF Forward	910-451-8927