

Dear Marines, Sailors, and Families of Marine Helicopter Squadron One (HMX-1),

On behalf of the squadron's Family Readiness Command Team, it is my pleasure to welcome you to the Nighthawks! My name is **Kelley Benedict** and I am the **Family Readiness Officer (FRO)**. I serve as a special staff officer to the Commanding Officer who recognizes that family readiness is an important part of mission readiness and, in fact, numbers it among his top priorities.

I am the "face" of our squadrons Unit, Personnel and Family Readiness Program (UPFRP) and the primary communication link between the Command and the families. I am here to provide you with official command communications, readiness and deployment support, and information and referrals. You will receive emails from me on a regular basis about squadron events, base events, as well as other opportunities and information. I am dedicated to building well-informed and self-sufficient Nighthawk Marines and families.

Our UPFRP focuses on providing opportunities for Marines, spouses, and families to regularly participate in squadron events to build camaraderie and to enhance our mission readiness. We would love for you to ask questions, offer ideas, and participate whenever you have the opportunity so that we can continuously strengthen our relationships. Over the years, I have found that the best resource that any of us have is each other!

My office is located in hangar 2133 and my door is always open! Please feel free to contact me should you ever need assistance of any kind. I look forward to helping each and every one of you enhance your own personal family readiness.

Very Respectfully,

Kelley Benedict
HMX-1 Family Readiness Officer

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