



REGIMENTAL COMMANDER'S WELCOME ABOARD STATEMENT



Welcome to 23d Marine Regiment, 4th Marine Division, Marine Forces Reserve. I am glad to see that you have been assigned as a member of the I&I Staff. Being a new member of a unit is sometimes a trying experience, with getting checked in and adjusting to new surroundings. This welcome aboard package is not designed to be a substitute for formally welcoming you aboard, but is meant to better educate you on the requirements of being a member of this command and familiarize you with San Bruno and the San Francisco Bay area.

Our mission is simple: Provide a combat headquarters and support element in order to exercise command and control of the Infantry Battalions within the Regiment. To accomplish our mission, we rely on leadership at every level. Conducting yourself in the most professional manner at all times is a key ingredient to accomplishing the mission and setting the example for your reserve counter-parts.

Upon receiving orders to 23d Marine Regiment, I would strongly encourage you to make contact with your sponsor in order to help with this transition period. Your sponsor will help you gain an appreciation of this area which should help you determine where to live and understand all aspects of this Independent Duty.

Once again, WELCOME ABOARD and I look forward to serving with you in the future. I know that the experience and character that you will provide to this unit will be lasting. SEMPER FIDELIS!



HISTORY OF 23D MARINE REGIMENT



The 23d Marine Regiment is a command that stretches across most of the Southwestern United States and encompasses 874,249 square miles. The Regimental headquarters is located in San Bruno, California, and its battalions are located throughout the region. First Battalion is headquartered at Houston, Texas; Second Battalion is headquartered in Pasadena, California; and Third Battalion is headquartered in Belle Chasse, Louisiana.

The 23d Marine regiment has established a distinguished history since the Regiment's activation on July 20, 1942. During World War II, the Regiment fought in the battles of Saipan, Tinian, Kwajalein Atoll, and Iwo Jima under the newly formed 4th Marine Division commanded by Major General Harry Schmidt.

In December 1990, both the 1st and 2d Battalions were activated and in January of 1991 were mobilized in support of Operation Desert Shield and Operation Desert Storm. This marked the first time since World War II that the Regiment was activated. First battalion was assigned to 1st Marine Division and 2nd Battalion was assigned to 3d Marine Expeditionary Forces.

In addition to its tactical missions, the regiment exhibits superior community outreach by providing personnel to support countless community events, to include rendering funeral honors for Marine veterans, Casualty Assistance Calls, Color Guards, and the annual Toys for Tots campaign.



23d MARINE REGIMENT PHONE ROSTER



PHONE PREFIX (650) 244-9806

Command Element

Regimental CO	X – 1001
Regimental I&I	X – 1002
I&I SgtMaj	X – 1004
HQCO I&I / Security Manager	X – 1703
HQCO 1stSgt	X – 1005
Family Readiness Officer	X – 1010

S-1/Administration

Personnel Officer	X – 1101
Admin Chief	X – 1103
Personnel Chief	X – 1106
Career Planner	X – 1104
SRB Chief	X – 1106
Unit Diary Clerk	X – 1109
Travel / Orders	X – 1106

S-3/Ops/Training

Operations Officer	X – 1301
Regimental Gunner	X – 1305
Operations Chief	X – 1302
Asst. Ops Chief	X – 1305

S-4/Logistics

Logistics Officer	X – 1402
S-4 Chief/Armor	X – 1003
HMC	X – 1409
Logistics Chief	X – 1400
MMO Chief	X – 1404
Food Services/Co GySgt	X – 1404
Motor T Chief	X – 1414
MT Maint Chief	X – 1414
Fiscal / Maint	X – 1408
Supply/Fiscal Clerk	X – 1412
Supply Clerk	X – 1410
Fiscal Clerk	X – 1411

S-6/Communications

Communications Chief	X – 1603
Radio Chief	X – 1603
EKMS/Asst Security Mgr	X – 1604
Tech Controller	X – 1606
Data	X – 1606
Data	X – 1606
Maintenance	X – 1602
Maintenance	X – 1602

Fax

FAX Machine (S-4)	(650) 952-5474
FAX Machine (Supply)	(650) 952-5497



HELPFUL INTERNET WEB LINKS



1. <http://www.onlyinsanfrancisco.com>: Provides useful information about the city of San Francisco, to include entertainment and dining.
2. <http://www.sanfrancisco.com>: Provides useful information about the city of San Francisco, to include jobs and real estate.
3. <http://www.commissaries.com>: Provides useful information about local area commissaries to include hours, location, and upcoming case lot sales. There are two commissaries in the local area. One is located at Moffett Field in Mountain View (approx 30 miles from San Bruno) and the other at Travis Air Force Base which is located in Solano County, (approx 64 miles from San Bruno).
4. <http://www.rent.com>: Provides useful information about apartment available in the local area, to include price, photos, and floor plans.
5. <http://www.apartmentratings.com>: This website provides reviews and ratings of the various apartments in the area.
6. <http://www.sfgate.com/>: This is the local newspaper for San Francisco.
7. <http://sfbay.craigslist.org>: Provides useful information about, jobs, community, and housing in the San Francisco Bay area. This website tends to have many housing listings that the more popular apartment websites do not list.
8. <http://www.insiderpages.com/s/CA/MountainView/DayCare>: Find Mountain View, CA Day Care locations and reviews on Insider Pages. Insider Pages reviews help you find the best Day Care in Mountain View, CA.
9. <http://www.militaryonesource.com/skins/MOS/home.aspx>: This is one stop shop site for military members whether active duty or reserve. This website provides information on child care, spousal employment, legal, money, and relocation services at no cost. Counselors are available 24 hours a day to answer your questions and needs.
10. <http://www.liggett.army.mil/sites/services/cys.asp>: This website provides information on childcare service offered on Moffett. The FCC program provides affordable child care services within the homes of certified childcare providers.
11. <http://www.sfchamber.com/chamber/>: This website provides information for the local businesses within San Francisco.
12. <http://www.chambermv.org/>: This website provides information about businesses within Mountain View, Ca.
13. <http://www.schoolmatters.com/>: This website provides pertinent information about public schools. The information on the website includes the reading and math percentage rate among local schools. The teacher to student ratio is also included.
14. <https://www.navy-lodge.com/index.html>: This website provides information for temporary lodging on Moffett Field. The Navy Lodge is a great place to stay while your household goods are in-transit. The Navy Lodge cost around \$78.00 per night and has a fully equipped kitchenette.



FAMILY HOUSING



Click on the following link to obtain information about family housing at Moffett Field.

<http://moffett.pinnaclefamilyhousing.com/>



TRICARE INFORMATION



Inspector-Instructor staff members of 23d Marine Regiment and Echo Company, 2d Battalion 23d Marine Regiment, fall under the healthcare management of TRICARE West Region. It is essential that you keep information in the Defense Enrollment Eligibility Reporting System (DEERS) current for you and your family.

Upon arriving to your new duty station, you will need to change your TRICARE region and find a new Primary Care Manager. Once you have selected a PCM, you may change your PCM at any time provided the new PCM is accepting new patients. You may pick and change your PCM via the TRIWEST website. Active Duty members may utilize the local VA outpatient center as their PCM.

TRICARE Websites and Phone Numbers

TriWest Healthcare Alliance	1-888-874-9378	www.triwest.com
DEERS locations	1-800-538-9552	www.dmdc.osd.mil/rsl
Mail Order Pharmacy	1-877-363-1303	www.express-scripts.com/TRICARE
ID/CAC Card Services	1-510-437-2904	Coast Guard Island, Alameda, Bldg 21
Dental	1-800-866-8499	www.TRICAREdentalprogram.com



CALTRAIN/BART INFORMATION



- 1. CALTRAIN is local railway system much like AMTRAK that provides service from San Francisco to Gilroy, California however unlike Amtrak, these trains run on daily schedule similar to subways. During the week these trains provide service 24 hours, Saturdays from 8Am to midnight and on Sundays from 8AM to 9PM. During the week these trains run every approximately every 30 minutes and on the weekends every 1 hour. More information to include schedules, fares and station locations can be found at <http://www.caltrain.org>.**
- 2. BART/Bay Area Rapid Transit is local railway system much like the subway system of Washington D.C. The BART provides service from Millbrae (South) to San Francisco (North) on the west bay side and connects to Fremont (South), Pittsburgh Bay Point (North East), and Richmond (North) on the West bay side. During the week these trains provide service from 4AM to midnight, Saturdays from 6Am to midnight and on Sundays from 8AM to midnight. These trains run approximately every 5 minutes and fares are based on how far you travel. The BART also provides service to San Francisco Airport. More information to include schedules, fares and station locations can be found at <http://www.bart.gov/>**
- 3. Monthly commuter checks are provided to Marines utilizing CalTrain/BART; therefore, Marines do not pay out of pocket expenses for utilizing the mass transportation systems.**



FAMILY READINESS OFFICER



I would like to take this opportunity as the Family Readiness Officer (FRO) to welcome you and your family to the 23d Marine Regiment, San Bruno, CA.

You will play a vital role in helping maintain your families' readiness. Whether you are a single or married Marine, the military lifestyle can be, at times, quite confusing and frustrating. I would like to take this moment to let you know that if, at any time, you or any of your family members have any questions or concerns, to please feel free to contact me. No matter how minor the circumstance, I am here to provide any assistance that you may need.

Spouses, parents, and other immediate family members often look to one another to “understand” the Marine Corps mission and how it affects you. I stand ready to assist the family's efforts in acquiring that knowledge which will help them to successfully meet the challenges that may lie ahead.

The Command's Family Readiness Program helps to ensure that our Marines and their families are informed and ready to deal with any contingency.

I may be reached at (650)244 – 9806 Ext 1010 or by email at paul.euchner@usmc.mil



FAMILY READINESS INFORMATION & RESOURCES



Military OneSource: 24/7 Call Center for anything! 1-800-342-9647.

www.MilitaryOneSource.com

Military HOMEFRONT: DOD website for the Military Community. Family policy and guidance designed to help troops and their families, leaders, and service providers.

www.MilitaryHOMEFRONT.dod.mil

Red Cross: Links members of the U.S. Armed Forces with their families during a crisis.

www.redcross.org

Health

National Suicide Prevention Lifeline at 1-800-273-TALK (8255).

www.suicidepreventionlifeline.org

TRICARE: www.tricare.mil/

Military Mental Health: www.militarymentalhealth.org.

The VA (U.S. Department of Veterans Affairs) www.va.gov/

(VA National Center for PTSD) www.ncptsd.va.gov



FAMILY READINESS INFORMATION & RESOURCES



Employment & Education

Career One-Stop Centers: (Dept of Labor) www.careeronestop.org

USA Jobs: (Government jobs) www.usajobs.com

Military Spouse Career Advancement: www.CAA.MILSpouse.org or www.MILSpouse.org

Small Business Administration (SBA) for military and spouses: www.sba.gov

Employer Support of the Guard & Reserve: www.esgr.org

National Military Family Association: (NMFA) Scholarships and benefits www.nmfa.org

Scholarships for Military Children: regardless of service member's status
www.militaryscholar.org



FAMILY READINESS INFORMATION & RESOURCES



Financial

National Endowment for Financial Education: www.nefe.org &
www.smartaboutmoney.org

National Foundation for Credit Counseling: (NFCC) www.nfcc.org

Families & Children

National Military Family Association: www.nmfa.org

Armed Services YMCA: Child care, hospital assistance, military, spouse support, food services, computer training, health and wellness. www.asymca.org

Our Military Kids: www.ourmilitarykids.org/

Marine Moms: [SNS] Web Community www.marinemomsonline.net

Marine Parents: [SNS] Web Community www.marineparents.com



FAMILY READINESS INFORMATION & RESOURCES



USN & USMC

Navy Fleet and Family Services: (FFSC) www.nffsp.org

Marine Corps Community Service: (MCCS) www.usmc-mccs.org

Local Housing & Schools

Moffett Field & Camp Parks: (Military family Housing)
<https://moffett.pinnaclefamilyhousing.com/>

Local School Directory: (National Directory Search Engine Public & Private)
<http://www.localschooldirectory.com/>

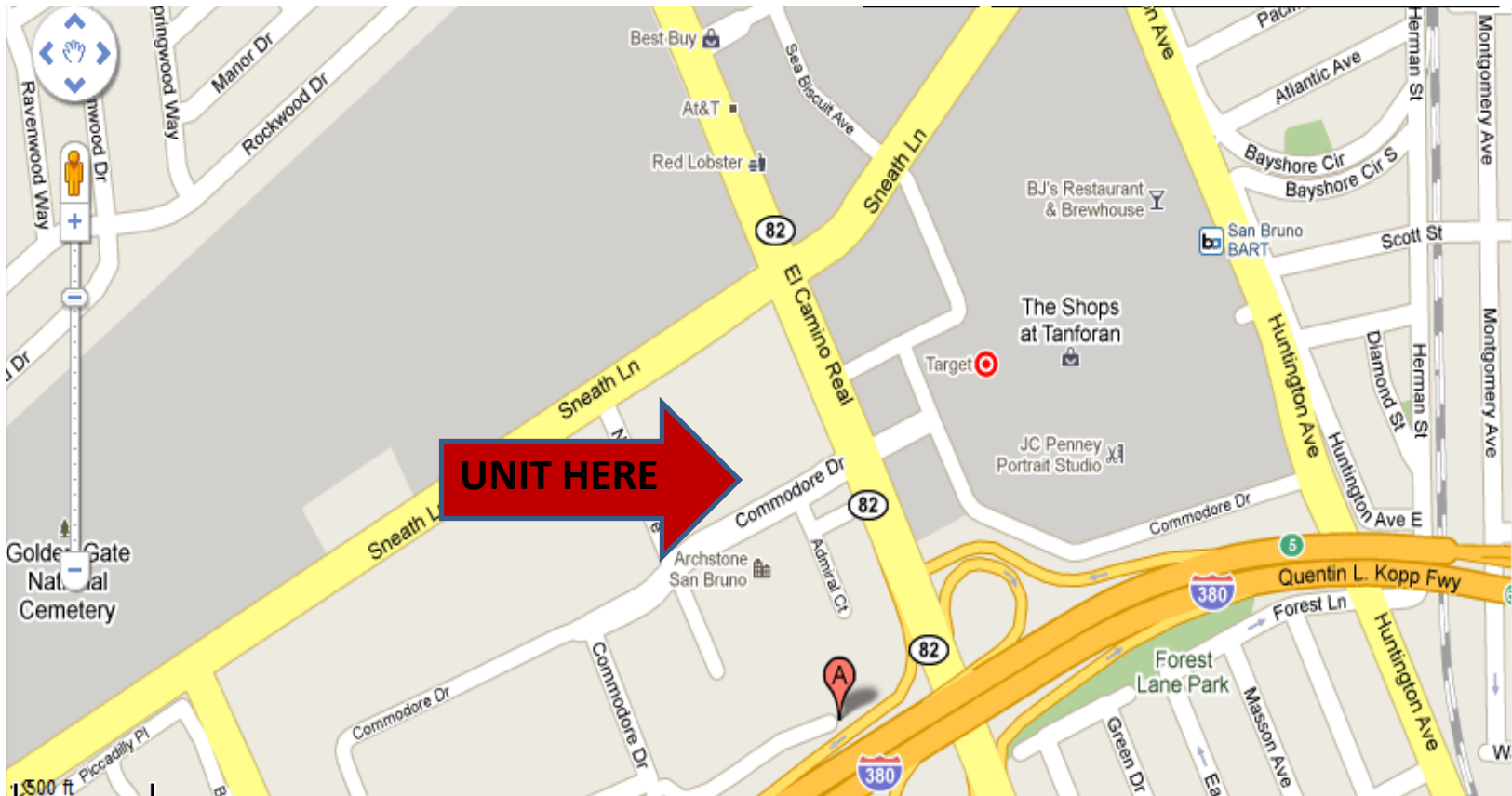
* Other local housing and school information can be accessed by Google.
-> Search San Bruno CA, housing / schools.



MAP OF UNIT LOCATION



**UNIT ADDRESS:
900 COMMODORE DR, SAN BRUNO CA 94066**



**Map of the unit location, retrieved on Dec, 2010 from website
<http://maps.google.com>**



SPONSORSHIP



- Please click on the “Sponsorship Forms” Link within this website. Fill out and email the forms to the Career Planner, GySgt Brown, in order to start the process to obtain a sponsor.
- The Sponsorship Questionnaire Form will be filled out no later than five working days after your arrival and returned to the Career Planner.
- POC information:
 - GySgt K. Brown
 - Email: KEVIN.L.BROWN5@USMC.MIL
 - Phone: 650-244-9806 ext. 1104